

**Stearns Champions Park
Adaptive Recreation in a
Special Environment
A.R.I.S.E.**

**4520 East 23rd Street
Long Beach, CA 90815
Phone: (562) 570-1685**



**City of Long Beach Parks, Recreation & Marine
Community Recreation Services**



**STEARNS CHAMPIONS PARK
YOUNG ADULT A.R.I.S.E. PRO-
GRAM**

The A.R.I.S.E. Program provides sports, recreational, and social activities for Long Beach residents with disabilities.

In addition, the *Adaptive A.R.I.S.E. Recreation* program provides information and referral services for the disabled.

FEBRUARY 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Me And My Shadow</i>			1 <u>Arts & Crafts</u> Winter Tree Finger Painting <u>Dining Out</u>	2 <u>Field Trip</u> Dollar Tree	3
<i>Be My Valentine</i>	6	7 <u>Healthy Champions</u> Hockey	8 <u>Arts & Crafts</u> Paper Plate Snow Man	9 <u>Field Trip</u> Seal Beach	10
<i>"Four Score And Seven Years"</i>	13 <u>CLOSED</u> PRESIDENTS DAY	14 <u>Healthy Champions</u> Dodge Ball	15 <u>Arts & Crafts</u> Eskimo Craft <u>Movie Night</u>	16 <u>Field Trip</u> Port Of Los Angeles	17
<i>Year Of The Rooster</i>	20	21 <u>Healthy Champions</u> Exercise Games	22 <u>Arts & Crafts</u> Chinese Calendars	23 <u>Field Trip</u> Nature Center	24
<i>Rollin Along</i>	27	28 <u>Healthy Champions</u> Basketball			

**Dining Out Program
First Wednesday Of The Month**

February 1 @ Ecco's Pizza (\$20.00)

**Movie Night
Third Wednesday Of The Month**

February 15 @ LAKEWOOD CENTER

**Tuesday: Healthy Champions
Wednesday: Arts & Crafts
Thursday: Field Trip**

Closed Monday February 13

**THE HANDIVAN IS ON A FIRST COME FIRST
SERVE BASIS. HANDIVAN RESERVATIONS ARE
TAKEN ON MONDAY MORNING OF THE EVENT'S
WEEK.**

**PLEASE CALL (562) 570-1685 TO REQUEST THE
HANDIVAN.**

YOU WILL RECEIVE A CALL IF THE VAN IS FULL

CALENDAR IS SUBJECT TO CHANGE