

SILVERADO PARK SENIOR CENTER
1545 WEST 31 ST STREET, LONG BEACH

HOURS OF OPERATION:

MONDAY-FRIDAY: 9 AM-2 PM

PHONE: (562) 570-1675 FAX: (562)570-8532

SPECIAL EVENTS:

BINGO BLOW-OUT!!:

TIME: 11AM-1PM

DATE: 02/02/17

FLORAL ARRANGEMENT CLASS:

TIME: 10AM-1PM

DATE: 02/09/17

COST: \$5.00

VALENTINE'S DANCE:

TIME: 1PM-4PM

DATE: 02/17/17

CARE MORE:

TIME: 11AM-1PM

DATE: 02/27/17

BIRTHDAY CELEBRATIONS
2nd WEDNESDAY OF EACH MONTH!!

DAILY ACTIVITIES:

DANCE AEROBICS

M-W: 10AM-11AM

AEROBICS

T-TH-F: 10AM-11AM

CROCHET CLUB

TUESDAYS:10AM-1PM

RECREATION DAY

FRIDAY 10AM-1PM

Staff at Silverado Park Senior Center is committed to maintaining a safe and productive environment for people 50 years of age and over participating in Senior Programming. Activity dates and times are subject to change.

CITY OF LONG BEACH PARKS, RECREATION & MARINE
COMMUNITY RECREATION SERVICES

FEBRUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 DANCE AEROBICS 10AM-11AM HEALTH SCREENING 11-1PM	2 AEROBICS 10AM-11AM BINGO BLOW-OUT 11AM-1PM	3 SENIOR RECREATION DAY 10AM-1PM
6 DANCE AEROBICS 10AM-11AM SOCIAL 11AM-1PM	7 AEROBICS 10AM-11AM CROCHET 10AM-1PM CRAFT 11AM-1PM	8 DANCE AEROBICS 10AM-11AM HEALTH SCREENING 11-1PM	9 AEROBICS 10AM-11AM CRAFT 11AM-1PM	10 SENIOR RECREATION DAY 10AM-1PM
13 DANCE AEROBICS 10AM-11AM SOCIAL 11AM-1PM	14 AEROBICS 10AM-11AM CROCHET 10AM-1PM CRAFT 11AM-1PM	15 DANCE AEROBICS 10AM-11AM HEALTH SCREENING 11AM-1PM	16 AEROBICS 10AM-11AM CRAFT 11AM-1PM	17 SENIOR DANCE 1PM-4PM
20 Facility Closed!!	21 AEROBICS 10AM-11AM CROCHET 10AM-1PM CRAFT 11AM-1PM	22 DANCE AEROBICS 10AM-11AM HEALTH SCREENING 11-1PM	23 AEROBICS 10AM-11AM CRAFT 11AM-1PM	24 SENIOR RECREATION DAY 10AM-1PM
27 DANCE AEROBICS 10AM-11AM SOCIAL 11AM-1PM	28 AEROBICS 10AM-11AM CROCHET 10AM-1PM CRAFT			