
**CITY OF LONG BEACH DEPARTMENT OF HEALTH AND HUMAN SERVICES
ORDER OF THE HEALTH OFFICER**

HEALTH OFFICER ORDER FOR THE CONTROL OF COVID-19

Public Health Emergency Isolation Order

Date Order Issued: May 7, 2020

This Order is in effect until rescinded in writing by the Health Officer.

Summary: This updated Isolation Order amends, restates, and supersedes the previous Isolation Order issued by the Long Beach Health Officer from March 31, 2020. The changes to this Order are intended to align with Center for Disease Control (CDC) guidance for community-related exposure to COVID-19, which changes the period of exposure risk from “onset of symptoms” to “48 hours before symptom onset.” This Order also changes the period of isolation from 7 days after symptom onset to 10 days after symptom onset.

California is in a State of Emergency because of the COVID-19 pandemic. The spread of Novel Coronavirus (COVID-19) is a substantial danger to the health of the public within the City of Long Beach. COVID-19 can easily spread between people who are in close contact with one another. Everyone is at risk for becoming ill with COVID-19, but some people are more vulnerable to serious illness, including pneumonia and organ failure, or death, due to their age, physical state, and/or health status. Currently, there is no vaccine available to protect against COVID-19 and no specific treatment for its symptoms.

To help slow COVID-19's spread, protect vulnerable individuals, and prevent the healthcare system in Long Beach from being overwhelmed, it is necessary for the City of Long Beach Health Officer (Health Officer) to require the self-isolation of persons diagnosed with or likely to have COVID-19.

**UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND
SAFETY CODE SECTIONS 101040, 101085, 120175, 120215, 120220, AND 120225
THE CITY OF LONG BEACH HEALTH OFFICER ORDERS:**

All individuals who have been diagnosed with or who are likely to have COVID-19 must isolate themselves. These persons are required to follow all instructions in this Order and the Public Health guidance documents referenced in this Order.

Isolation Requirements for Individuals Diagnosed with or Likely to have COVID-19

All individuals who have been diagnosed with or are likely to have COVID-19 must immediately take the following actions:

1. Isolate themselves in a residence until:

- a. At least 3 days (72 hours) have passed since recovery, defined as resolution of fever without use of fever-reducing medications and improvement of cough, shortness of breath, and other symptoms, AND
- b. At least 10 days since symptoms first appeared, whichever is later.

Until an individual is recovered and at least 10 days has passed since symptoms first appeared, whichever is later, the isolated individual may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care.

2. **Carefully review and closely follow all requirements listed in the "Home Isolation Instructions for People with Coronavirus-2019 (COVID-19) Infection,"** which is available in [English](#) and [Spanish](#).
3. **Tell household contacts, intimate partner(s), their caregiver(s), and other persons who were in close contact with them 48 hours before their symptoms started or while they were symptomatic (collectively "close contacts) that they need to quarantine themselves.**
4. **Refer close contacts to the "Home Quarantine Guidance for Close Contacts to Coronavirus Disease 2019 (COVID-19)" document, which is available in [English](#) and [Spanish](#).** This document describes steps that close contacts must take to prevent spread of COVID-19. Steps described in this document are necessary because close contacts have likely been exposed to COVID-19 and, if infected, can easily spread COVID-19 to others, even if they have only mild symptoms or no symptoms.

Individuals are required to isolate themselves because they have or are likely to have COVID-19. Self-isolation is immediately required if a person meets one or more of the following factors:

- a. A positive lab test for COVID-19;
- b. Signs and symptoms that are consistent with COVID-19 within 14 days of being in close contact with a person who had or was believed to have had COVID-19; OR
- c. A physician has informed the individual that they are likely to have COVID-19.

These persons are required to self-isolate because a person infected with or likely to have COVID-19 can easily spread the virus to others. Isolation separates these ill individuals from others to prevent the spread of COVID-19. This Order protects everyone, including people who are high risk for serious illness, such as older adults and people with weakened immune systems.

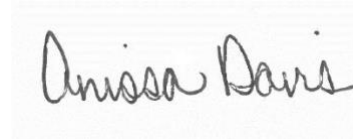
May 7, 2020

Page 3

The Health Officer may take additional action(s) for failure to comply with this Order, which may include civil detention or requiring one to stay at a health facility or other location, to protect the public's health if an individual who is subject to this Order violates or fails to comply with this Order.

Violation of this Order is a misdemeanor punishable by imprisonment, fine or both under California Health and Section Code Section 120275 et seq. Further, pursuant to Section 41601 of the California Government Code, the Health Officer requests that the Chief of Police in the City of Long Beach ensure compliance with and enforcement of this Order. The violation of any provision of this Order constitutes an imminent threat and creates an immediate menace to public health.

IT IS SO ORDERED:

A handwritten signature in black ink that reads "Anissa Davis". The signature is written in a cursive style and is centered within a light gray rectangular box.

Anissa Davis, MD, DrPH,
Health Officer, City of Long Beach
Date: May 7, 2020