

CAARE Program Fact Sheet

The Community Asthma and Air Quality Resource Education (CAARE) Program strives to improve the health and well-being of adults and seniors with asthma and assist residents in Long Beach, Wilmington and Carson, in reducing and/or eliminating indoor and outdoor air pollutants that may contribute to asthma, allergies, and other respiratory illnesses.

What the CAARE Program Can Do For YOU!!!!



In-Home Adult Asthma Case Management Program

The CAARE Community Health Workers (CHW) are responsible for conducting one-on-one adult outreach and in-home health education sessions. CHWs reflect the diversity, language and cultural needs of the adults served in Long Beach, Wilmington and Carson.

Community Workshops

As part of our community education and outreach component, CAARE facilitates community workshops to engage and connect the community to available asthma care and air pollution resources. These workshops provide an opportunity for those who are not enrolled in the in-home case management program to learn more about asthma, air pollution, and its health effects.

The workshop provides information about:

- Indoor and outdoor air quality issues
- Indoor and outdoor environmental health hazards
- Non-toxic cleaning agents and methods
- Basic information about asthma and allergies



Asthma Information Hotline

Are you on the road to controlling your asthma? Have questions about asthma and where you can get help? Call our Asthma information hotline and get the information you need.

(562) 570-4356

Serving the communities of Long
Beach, Wilmington and Carson!



For more information, please call:

The CAARE Program @ 562-570-4132

www.longbeach.gov/health/eh/hhd.asp

The Community Asthma and Air Quality Resource Education (CAARE) Project is funded by the AQMD/BP Settlement Funds and focuses on Adults and Seniors with Asthma in Long Beach, Wilmington and Carson.



Department of Health
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