



**CITY OF LONG BEACH
CLASSIFICATION SPECIFICATION**

TITLE: NUTRITION AIDE I-II

DEFINITION: Under immediate supervision, assists in providing nutrition assessment, training, counseling, and education under the direction of a Public Health Nutritionist.

REPORTS TO: Public Health Nutritionist

DISTINGUISHING CHARACTERISTICS:

Grade level I - Performs the routine duties of the classification;

Grade level II - Performs the full range of duties in the classification; participates in training, high risk documentation, may act in a team leader capacity; requires an Associate of Arts degree in dietetics or nutrition with two years of related experience, or a Bachelor of Science degree in nutrition or related field.

EXAMPLES OF DUTIES: The duties may include, but are not limited to the duties listed below.

- Provides nutrition assessment, training, counseling, and education following established protocols under the direction of a Public Health Nutritionist.
- Evaluates dietary information and reviews medical data for nutritional risk determination;
- Documents nutritional assessment and develops care plan in the ISIS automated system;
- Performs nutrition and breast-feeding counseling to participants public health nutrition programs;
- May act in a lead capacity and assist the Public Health Nutritionist I;
- Performs other related duties as required.

MINIMUM REQUIREMENTS:

One year of recent experience in a medical environment providing nutritional services, or twelve or more units of course credit from an accredited college or university in Nutrition/Dietetics or related field;

Basic knowledge of nutrition science;

Ability to communicate effectively and deal tactfully with clients of diverse ethnic, cultural, and economic backgrounds;

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NUTRITION AIDE I-II (Continued):

Ability to analyze and make decisions about clients= eligibility;

Ability to operate a personal computer and/or other information systems;

A valid motor vehicle operator's license (class C) required.

HISTORY:

- Revised: 6/13/1977, 01/10/1997, 01/6/1999
- Grade Levels I and II added 10/1/1996
- Approval/Adoption Date: 02/03/1999