TITLE: PUBLIC HEALTH NUTRITIONIST I - III

DEFINITION: Under general supervision, develops, implements, and coordinates nutrition services provided to participants in public health nutrition programs.

DISTINGUISHING CHARACTERISTICS:

Grade Level I - Performs the full range of duties (journey-level) of the classification; may coordinate/supervise para-professionals to provide nutrition services in clinics or at other sites.

Grade Level II - Assists the Public Health Nutritionist III in coordinating the operation of all nutrition programs; may coordinate/supervise Public Health Nutritionist Is and/or other professionals.

Grade Level III - Assists the Nutrition Services Officer in the coordination and operation of all nutrition programs and services; may coordinate/supervise Public Health Nutritionist IIs and/or other professionals. Requires a Masters of Science degree in Nutrition or a related field.

EXAMPLES OF DUTIES:

The duties may include, but are not limited to the duties listed below:

- Coordinates nutrition services provided to participants in public health nutrition programs;
- Provides nutrition assessments and food and diet information to the public by means of class sessions and individual counseling;
- Consults with Health Department staff on specific food and nutrition problems;
- Visits neighborhood facility centers to provide training and counsel on a decentralized basis;
- Develops educational materials and protocols for nutrition program participants;
- Conducts training of para-professional staff, department staff, and community organizations;
- Develops high risk nutrition intervention plans and documents in ISIS (automated system);
- Prepares or assembles written and/or audio visual material as aides in training and counseling sessions;
- Determines individual and group nutrition patterns by determining cultural preferences and dietary patterns;
- Conducts studies and surveys of nutrient consumption, nutrition assessment and education, and other factors affecting nutrition practice;
• May coordinate programs with community organizations and others in the Health Department to provide nutrition expertise;
• May act in a lead/supervisory capacity;
• Performs other related duties as assigned.

MINIMUM REQUIREMENTS:

A Bachelor of Science degree from an accredited college or university in Public Health Nutrition, Dietetics or related field;
Current status as a Registered Dietitian; or Registered Dietitian eligibility;
Ability to communicate effectively and deal tactfully with clients of diverse ethnic, cultural, and economic backgrounds;
Ability to operate a personal computer and/or other information systems;

A valid California motor vehicle operator license.

HISTORY:

Grade Level III added 10/01/1996
Approval/Adoption Dates: 02/03/1999