

Date: September 16, 2020
To: Thomas B. Modica, City Manager 
From: Kelly Colopy, Director of Health and Human Services 
For: Mayor and Members of the City Council

Subject: Health Department to Hold Several Free Community Flu Vaccination Clinics

The Long Beach Department of Health and Human Services (Health Department) is offering access to flu vaccinations in the coming season by hosting several free community flu vaccination clinics. These clinics are focused on improving access for individuals without health insurance or those whose healthcare provider does not offer flu vaccines. This season's flu vaccination clinics are free of charge and no appointment is needed.

The first large-scale clinic will take place on Thursday, October 1, 2020, from 3:00 p.m. to 6:00 p.m. at Long Beach City College Veterans' Stadium. This drive-up clinic will provide attendees with the option of receiving a vaccination without getting out of their vehicle. Anyone 12 years of age and older can receive the vaccine in the drive-thru; families with children younger than 12 years old will be directed to a walk-up area.

These clinics will operate on the following days and times through November 21, 2020, or while supplies last:

- Thursdays, 3:00 p.m. to 6:00 p.m., at Long Beach City College Veterans' Stadium (5000 East Lew Davis Street)
- Saturdays, 10:00 a.m. to 1:00 p.m., at Cabrillo High School (2001 Santa Fe Avenue)

These flu clinics will be used as a model for the City's future mass vaccination efforts once a vaccine for COVID-19 is available. These free flu vaccination clinics are made possible through funding from the California Department of Public Health.

In addition to the free neighborhood flu vaccination clinics, individuals can also contact their healthcare provider or pharmacist for a flu shot. Residents may also schedule a flu shot appointment at the Health Department by calling (562) 570-4315 during regular business hours. A small administrative fee will apply at the time of the appointment.

The Health Department also recommends that everyone practice healthy habits to prevent getting or transmitting the flu by:

- Avoiding close contact with people who are sick.
- Staying home from work or school if sick.
- Covering mouth and nose with a tissue when coughing or sneezing.
- Washing hands with soap and water or using hand sanitizer frequently.

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- Avoiding touching eyes, nose, and mouth.
- Cleaning and disinfecting surfaces and objects that may be contaminated with flu virus.
- If the flu is contracted, taking antiviral drugs as prescribed by a doctor.

The Health Department asks all partners to assist with this year's flu awareness and prevention efforts by doing the following:

- Get vaccinated!
- Encourage residents to obtain flu vaccinations at any of the Health Department's free clinics.
- Cross promote/repost Health Department social media @LBHealthDept or by using #FightFluLB.

For more information about the 2020 flu season, the community is encouraged to visit: longbeach.gov/flu.

ATTACHMENT: Flu Clinic Flyer (English, Spanish, Khmer and Tagalog)

CC: CHARLES PARKIN, CITY ATTORNEY
DOUGLAS P. HAUBERT, CITY PROSECUTOR
LAURA L. DOUD, CITY AUDITOR
LINDA TATUM, ASSISTANT CITY MANAGER
KEVIN JACKSON, DEPUTY CITY MANAGER
TERESA CHANDLER, DEPUTY CITY MANAGER
REBECCA G. GARNER, ADMINISTRATIVE DEPUTY CITY MANAGER
DEPARTMENT HEADS

The Long Beach Department
of Health and Human
Services is offering



FREE FLU SHOTS

A yearly flu vaccine is the first and most important step in protecting against flu viruses. Everyone 6 months and older should get an annual flu vaccine.

2020 Flu Clinic Schedule

OCTOBER 1 - NOVEMBER 21, 2020*

**PROTECT YOURSELF.
PROTECT YOUR LOVED ONES.
GET VACCINATED.**

THURSDAYS

Veterans Stadium

5000 E. Lew Davis Dr., 90808

(Enter on Conant, turn on Faculty)

3:00 p.m. - 6:00 p.m.

SATURDAYS

Cabrillo High School

2001 Santa Fe Ave., 90810

(Enter on Hill)

10:00 a.m. - 1:00 p.m.

**Flu vaccinations through these events are available while supplies last.
Flu vaccines are also available through pharmacies and healthcare
providers for those with insurance.*

For more information:
please visit longbeach.gov/flu
or call 562-570-4315

