

Date: September 13, 2022

To: Thomas B. Modica, City Manager

From: Kelly Colopy, Director of Health and Human Services

For: Mayor and Members of the City Council

Subject: World Mental Health Day Resource Fair

The City of Long Beach Department of Health and Human Services (Health Department) will host its inaugural Long Beach World Mental Health Day Resource Fair on Saturday, October 15, 2022 from 10:00 a.m. to 2:00 p.m., at Admiral Kidd Park, 2125 Santa Fe Avenue. Long Beach families and community members across the lifespan are invited to celebrate mental health and wellness and destigmatize and normalize mental health. This free event will raise awareness on mental health resources available to people in the community as well as display informational tables from local community-based organizations and exhibitors.

The World Mental Health Day Resource Fair is a city-wide effort that will provide opportunities to connect to local resources related to mental health such as supportive services, basic needs security, arts and recreation and engage community members in different activities around mental health and wellbeing, movement and play, health and healthy living, and arts and creativity.

This program is made possible by the <u>Long Beach Recovery Act</u>, a plan to fund economic and public health initiatives for Long Beach residents, workers and businesses critically impacted by the COVID-19 pandemic. A little more than \$500,000 in funding has been allocated to support mental health coordination, which includes an awareness campaign and the relaunching of Trauma Informed Long Beach. Additional information about the Long Beach Recovery Act is available at <u>longbeach.gov/recovery</u>.

Should you have any questions, or require additional information, please contact the Stevie Ibarra, Mental Health Coordinator, at (562) 570-4162, or by email at Stevie.lbarra@longbeach.gov.

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