

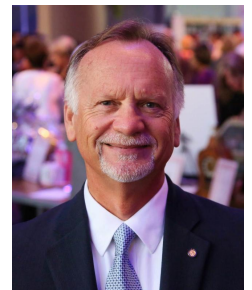


# GO FOURTH! FRIDAY NEWSLETTER

February 26, 2021

Issue No. 305

Thank you for taking the time to read our weekly newsletter. Every Friday afternoon at 1:30 pm, we distribute this publication to provide updates on past and future events throughout our council district. Please encourage your neighbors to sign up for the Go Fourth! Friday newsletter by contacting us at: [district4@longbeach.gov](mailto:district4@longbeach.gov).



- Councilman Daryl Supernaw

## COVID-19 Updates

### Coronavirus (COVID-19) Update

#### By the Numbers (Long Beach only):

- 51,092 total positive results
  - 59 new cases since Wednesday
  - Seven-day positivity rate: 4.2%
  - 12.7 seven-day case rate per 100K population
- 829 fatalities
- 226 Long Beach residents hospitalized with COVID-19
- 148 total COVID-19 hospitalizations in area hospitals (Long Beach Memorial Hospital, St. Mary Medical Center, College Medical Center, Lakewood Regional Medical Center and Los Alamitos Medical Center)
- Approximately 47,987 recovered (Please note that, for low-risk patients recovering at home, recovery data is self-reported)
- 706,856 total tests conducted
- Information as of Feb. 24



State Indicators (Updated on 2/23/21):

- Current LA County Tier: Purple Tier (Widespread)
- Seven-day positivity rate: 5.1%
- 12.3 adjusted daily new cases per 100K population
- Testing positivity in lowest-resourced areas (health equity metric): 7.5%

#### Details Regarding Fatalities:

- 314 are associated with long-term care facilities (LTCF)
- Ages:
  - 6 were in their 20s
  - 22 were in their 30s
  - 32 were in their 40s
  - 87 were in their 50s
  - 185 were in their 60s
  - 184 were in their 70s
  - 216 were in their 80s
  - 97 were over 90
- 348 female, 481 male
- 20 individuals had no known underlying health conditions
- 38 individuals had unknown underlying health conditions

#### Safer at Home Order:

- View the current "Safer at Home" [Health Order](#) (2/10/21)

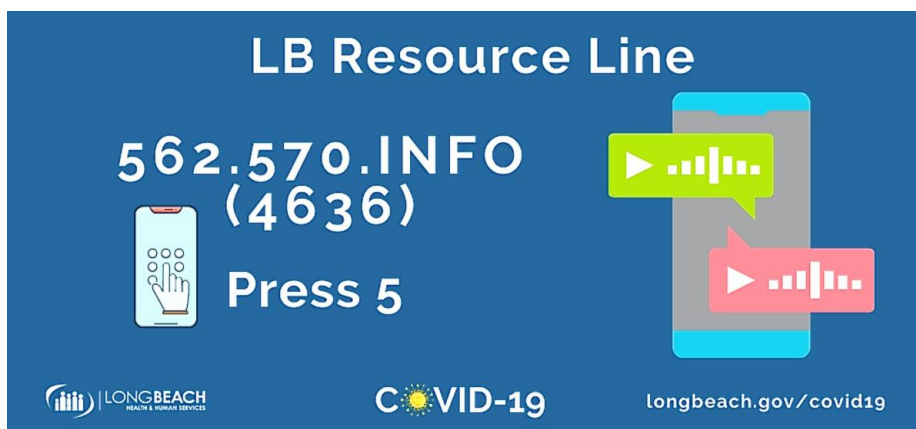
#### Past News Releases:

- To view past COVID-19-related press releases, visit the [City Press Release Archive](#). Releases include information about economic relief, help for people experiencing homelessness and updates regarding City operations.

The City of Long Beach continues to monitor the situation 24/7 in coordination with local, state and federal officials. For the latest updates on Coronavirus, check our Health Department's website at this [link](#).

## Long Beach Department of Health & Human Services (LBDHHS)

If you have been impacted by the pandemic and need mental health care, food access, housing/shelter, legal aid, children/family services and more, help is here. Call LBDHHS at 562-570-INFO (4636), select Option 5, leave a message and you will receive a call back with resources.



The graphic is a blue rectangular box with white and light blue text and icons. At the top, it says "LB Resource Line". Below that, the phone number "562.570.INFO (4636)" is displayed in large white font. To the left of the number is a small icon of a smartphone with a hand touching the screen. Below the number, it says "Press 5". To the right of the number is a large smartphone icon with two speech bubbles (one green, one red) coming from it, each containing a play button and a signal strength indicator. At the bottom left is the Long Beach Health & Human Services logo. At the bottom center is the "COVID-19" logo. At the bottom right is the website "longbeach.gov/covid19".

**One-on-One Indoor Personal Training is Back!**

You can now return to the gym or fitness center for personal training. The essential thing to understand is that 1-1 indoor personal training only allows for one training session in a building at a time, no matter how large the building. This means one coach and one client at a time in a building. Masking, cleaning and distancing protocols are required. The new rules have actually been in place since Governor Newsom lifted the stay at home order one month ago. However, the allowance for personal training appears under "Limited Services" on page 8 of the 192-page Long Beach Health Order. The "Gym and Fitness Facilities Protocols" section begins on page 106 of the health order. Most gym owners and clients did not know they were required to search two different sections of the health order, 98 pages apart, simply to determine if 1-1 personal training was reinstated.



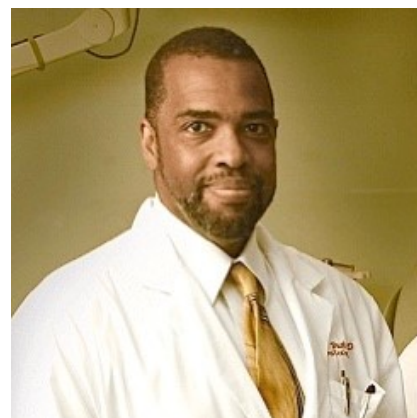
## Past and Ongoing Events

### Black History Month - Accomplished Long Beach Father/Son Duo

As we wrap up Black History Month, we wanted to highlight a father and son who made tremendous contributions in their fields. When Dr. Bush of Long Beach is mentioned, most residents think of Dr. Ebenezer (E.B.) Bush, DDS, who was the first African American to establish a dental practice. He received much recognition throughout his lifetime including the Family Service of Award of Long Beach. His son, Dr. David Bush, MD, was a renowned cardiologist but less known locally than his father. David grew up in East Long Beach and was a classmate of mine at Wilson High School. He attended CSULB, UC San Francisco and Johns Hopkins. He was recruited to the faculty in cardiology and became the first African American cardiology faculty member at Johns Hopkins in 1983. A tribute to David Bush, available at this [link](#), appeared in Cardiology Today at the time of his death in 2015.



Dr. Ebenezer Bush, DDS



Dr. David Bush, MD

## Cambodia Town Community Mural Takes Shape

Congratulations to Sayon Syprasoeuth, Program Manager at United Cambodian Community, on creating another community mural. The new mural is located on the medical building at 2100 E. Anaheim Street. Council District 4 Arts Liaison, Jim Coke, stopped by to take photos (see below) of the work in progress. The mural is on the west side of the building facing St. Louis Ave. Like Sayon's mural on the UCC building on Dawson Ave., it is clearly visible from Anaheim Street.



## FREE Tax Return Preparation by CSULB Students

Through March 26th | M-Th: 10 am to 8 pm & Fri: 9 am to 3 pm



The CSULB VITA site is available to qualifying taxpayers with an income level of \$57,000 or less. IRS-certified volunteers provide free basic income tax return preparation with electronic filing for federal and state tax returns. Preparers can inform taxpayers about special tax credits for which they may qualify such as Earned Income Tax Credit, Child Tax Credit, and Credit for the Elderly or the Disabled. CSULB VITA refunded over 1 million in taxpayer dollars last tax season. Due to COVID-19 protocols, VITA is not meeting with clients face-to-face, but you can schedule an online appointment. You will meet over zoom and complete the tax return through a virtual setting. More information at this [link](#) or contact Briana Martin, VITA Coordinator, at [vita.csulb@gmail.com](mailto:vita.csulb@gmail.com) or (562) 726-2331.

## POLB High School Scholarship Program



The Port of Long Beach high school scholarship program is an annual award for Long Beach high school seniors who plan to pursue careers in international trade, goods movement or other port-related industries. The program is open to students attending a LBUSD service area high school. **Deadline to apply is Monday, March 1, 2021** and applications must be submitted online. The scholarship application and additional criteria and information are available online at [www.polb.com/scholarships](http://www.polb.com/scholarships).

## Upcoming Events

**Parks & Rec Day Camps During Spring Break Week**

**April 5-9 | 9 am - 4 pm | Registration begins today**

LB Parks & Rec will offer in-person day camps during LBUSD's spring break week from April 5 through 9. LBUSD students ages 5 to 12 will enjoy crafts, physical fitness, enrichment activities and more, all while following COVID-19 safety precautions. Registration for the camps begins Feb. 26. A \$30 registration fee is required for campers attending from 9 a.m. to 4 p.m., and \$50 for those attending from 7 a.m. to 6 p.m. Financial assistance is available on a first-come, first served basis. CD4's Whaley, Stearns and Orizaba parks are included in the program. Additional information is available at this [link](#).



## **Aquarium of the Pacific Virtual Yoga Series** **February 27th | [Online Event](#)**

Instill a sense of wonder for the Pacific Ocean and stillness in yourself during the Aquarium of the Pacific's Virtual Yoga Series presented by Long Beach Post available starting tomorrow. Get the fourth episode free by preordering the series-four episodes total-for \$15 ahead of February 27, or purchase each episode for \$5 after the launch. Each 60-minute class will guide you through poses designed to calm your mind and keep you invigorated throughout the day. All levels are welcome whether you are a beginner or practicing at an advanced level. More information is available [here](#).



## LBPL Architecture & Historic Preservation Series

February 27th | 3 pm - 4 pm | Online Event

The Miller Special Collections Room at the Billie Jean King Main Library is pleased to announce the next big online Architecture & Historic Preservation Series event, "Exploring Our Historic Districts: 'Efficient' Single Family Homes & Neighborhoods in 1920s Long Beach," presented by Sam & Linda Dragga of Long Beach Heritage. This free program will take place online via Zoom and [registration](#) is required to attend. Can't make the event? Please still sign up -- an archived video link will be emailed out to registrants after the program for viewing at your leisure. For any other questions, contact Miller Room staff at (562) 570-6729.



## Nature Detectives After School Camp

Registration begins March 2nd | Online and in person

The popular Nature Detectives after school camp program at CD4's El Dorado Nature Center will continue in March and April. Registration for the four-week program for children ages 5 to 10 will begin next Tuesday. Register [online](#) or in person at El Dorado Nature Center at 7550 E. Spring Street. Camp sessions are \$80 per participant. All camp sessions will take place from 2:30 to 4 p.m., with check-in and medical screenings beginning at 2:15 p.m. each day. More information is available at this [link](#).



## Next on the City Council Agenda

March 2nd | 5:00 pm | Teleconference

The City Council teleconference will start at 5:00 pm. The civic chambers will be closed, but the public can use eComment to provide comments on agenda items. Comments can also be submitted by email to: [CityClerk@longbeach.gov](mailto:CityClerk@longbeach.gov). Items on Tuesday's council meeting agenda include:



- Recommendation to increase appropriations in the General Fund Group in the City Manager Department by \$500, offset by the Fourth Council District One-time District Priority Funds transferred from the Citywide Activities Department to provide a donation to Partners of Parks for AOC7's Quarantine Food Project benefitting Fourth District residents; and Decrease appropriations in the General Fund Group in the Citywide Activities Department by \$500 to offset a transfer to

the City Manager Department.

- Recommendation to direct City Manager to identify within 90 days the additional resources needed to implement changes from the Long Beach City Auditor's Library Services Performance Audit of 2020 Operations to meet the access and equity flaws identified.
- Recommendation to request City Manager to identify and implement health and safety protocols to allow the Mayor and City Council to resume in-person Council meetings within 30 days.

The entire agenda can be found [here](#). To see the schedule and agenda for all upcoming city meetings, click [here](#).

## FREE Household Hazardous Waste Event in 2 Weeks

**March 13th | 9 am - 2 pm | 2755 California Ave., Signal Hill**

The last EDCO Household Hazardous Waste (HHW) & E-Waste Collection Event took place on January 9th, and now they're back! The next event will be held on March 13th from 9 am - 2 pm at the EDCO Recycling Center in Signal Hill. Drop off your hazardous household items and old electronics safely and responsibly! For additional information, visit [bit.ly/HHW\\_LB](http://bit.ly/HHW_LB). COVID-19 Safety Requirements: Wear a face covering; Stay in your vehicle with your windows closed; Place your HHW & e-waste items in an unlocked trunk for contactless disposal; STAY HOME if you have any COVID-19 symptoms, have been asked to quarantine, and/or recently traveled internationally.



## Save the Date: 3/20 - LBO Spring Fundraiser

**March 20th | 9 am - 12 pm | 3709 E. 10th St.**

Mark your calendar for the Long Beach Organic spring fundraiser: GO PLANT ME! Organic seedlings will be available with your donation. Saturday, March 20th, 9:00 am to 2:00 pm at the Zaferia Junction Community Garden, 3709 E. 10th St.

Social distancing and safety will be a priority. Volunteers are busy planting seeds for this second annual event, including rare heirlooms.



## And Finally

### McKenzie Mortuary Absorbs Impacts of COVID-19

On October 22, 2019, Ken McKenzie was recognized by city council for his 25 years of service to the community. That night, we could not have predicted that the most challenging times for his mortuary business were yet to come. Just over a month ago, I received a call from Ken McKenzie that really brought the COVID crisis into focus for me. He asked if I could assist with setting up a refrigerated trailer in his parking lot at 3843 E. Anaheim St. He stated he had run out of room in the



mortuary to accommodate the overflow he was receiving as a result of COVID deaths. While we're used to unusual phone calls at the council office, this was one of the most sobering calls I had ever received. We were able to help, and Ken ended up ordering two more refrigerated trailers. Ken was interviewed by the Signal Tribune at that time, and you can read the article [here](#). Last week, BuzzFeed News published a story that included black & white photos taken at the Zaferia District mortuary. Please take the time to read it at this [link](#). It will give you a real perspective on the tragic toll of COVID-19. It will also give you an appreciation for the incredible service Ken McKenzie provides for our community.



Photo credit: Robert LeBlanc for BuzzFeed News

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