

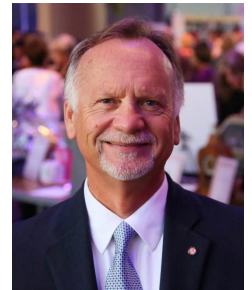


GO FOURTH! FRIDAY NEWSLETTER

January 22, 2021

Issue No. 300

Thank you for taking the time to read our weekly newsletter. Every Friday afternoon at 1:30 pm, we distribute this publication to provide updates on past and future events throughout our council district. Please encourage your neighbors to sign up for the Go Fourth! Friday newsletter by contacting us at: district4@longbeach.gov.



- Councilman Daryl Supernaw

GF!F Newsletter Milestone

Commemorating the

300th

Edition of the Go Fourth! Friday Newsletter

Today's edition is our 300th weekly newsletter published since taking office in 2015. With an average of 15 items per issue, that's a total of 4,500 updates on a variety of Council District 4 topics. Thank you for your readership, and special thanks to those who have taken the time to let us know how much you enjoy the updates. Go Fourth!

COVID-19 Updates

By the Numbers (Long Beach only):

- 45,483 total positive results
 - 472 new cases since Wednesday
 - Seven-day positivity rate: 13.5%
 - 113.6 seven-day case rate per 100K population
- 577 fatalities
- 326 Long Beach residents hospitalized with COVID-19
- 496 total COVID-19 hospitalizations in area hospitals (Long Beach Memorial Hospital, St. Mary Medical Center, College Medical Center, Lakewood Regional Medical Center and Los Alamitos Medical Center)
- Approximately 32,304 recovered (Please note that, for low-risk patients recovering at home, recovery data is self-reported)
- 620,078 total tests conducted
- Information as of Jan. 20

State Indicators (Updated on 1/19/21):

- Current LA County Tier: Purple Tier (Widespread)
- Seven-day positivity rate: 17.1%
- 75.3 daily new cases per 100K population
- Testing positivity in lowest-resourced areas (health equity metric): 22.4%

Details Regarding Fatalities:

- 256 are associated with long-term care facilities (LTCF)
- Ages:
 - 2 were in their 20s
 - 14 were in their 30s
 - 21 were in their 40s
 - 54 were in their 50s
 - 121 were in their 60s
 - 133 were in their 70s
 - 163 were in their 80s
 - 69 were over 90
- 249 female, 327 male
- 8 individuals had no known underlying health conditions
- 18 individuals had unknown underlying health conditions

Safer at Home Order:

- View the current ["Safer at Home" Order](#) (12/10/20)

Past News Releases:

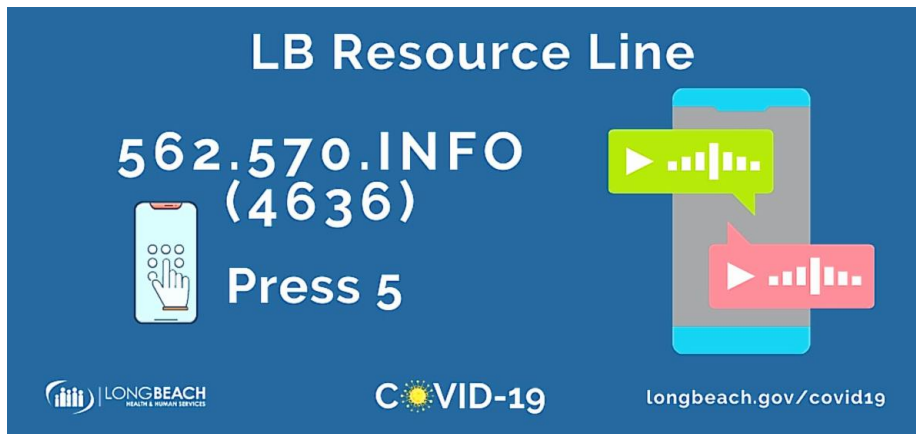
- To view past COVID-19-related press releases, visit the [City Press Release Archive](#). Releases include information about economic relief, help for people experiencing homelessness and updates regarding City operations.

The City of Long Beach continues to monitor the situation 24/7 in coordination with local, state and federal officials. For the latest updates on Coronavirus, check our Health Department's website at this [link](#).

Long Beach Department of Health & Human Services (LBDHHS)

If you have been impacted by the pandemic and need mental health care, food access, housing/shelter, legal aid, children/family services and more, help is here. Call LBDHHS

at 562-570-INFO (4636), select Option 5, leave a message and you will receive a call back with resources.



LB Resource Line

562.570.INFO
(4636)

Press 5

LONG BEACH HEALTH & HUMAN SERVICES

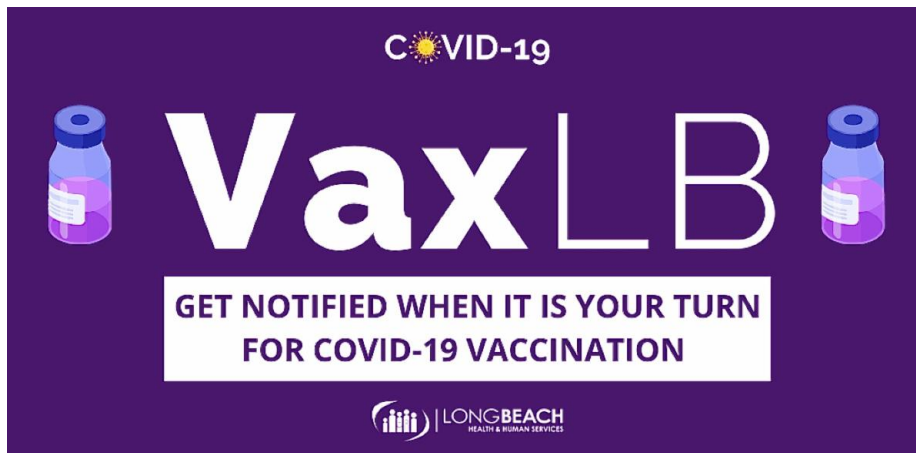
COVID-19

longbeach.gov/covid19

The graphic features a blue background with white text. It includes a smartphone icon with a hand touching the screen, a play button icon, and a signal strength icon. The Long Beach Health & Human Services logo is at the bottom left, and the COVID-19 logo is at the bottom center. The website URL is at the bottom right.

Vaccines for Coronavirus (COVID-19)

Following State guidelines, the City is vaccinating groups based on the risk of getting COVID-19 or becoming very sick from the disease. Vaccines in Long Beach are currently being made available to individuals in two phases and multiple tiers. Please visit the City's website to learn about the distribution plan and current/upcoming groups being vaccinated. Before making an appointment through the City, residents should first contact their healthcare provider for vaccine availability. Large medical providers have access to the vaccine for older adults. Sign up for appointment links and notifications by visiting the City's new VaxLB [website](#). For additional information call: (562) 570-4636.



COVID-19

VaxLB

GET NOTIFIED WHEN IT IS YOUR TURN
FOR COVID-19 VACCINATION

LONG BEACH HEALTH & HUMAN SERVICES

The graphic has a purple background. It features two small images of COVID-19 vaccine vials on either side of the large text 'VaxLB'. Below the text is a white box with the text 'GET NOTIFIED WHEN IT IS YOUR TURN FOR COVID-19 VACCINATION'. The Long Beach Health & Human Services logo is at the bottom center.

LB Health Dept. Working to Vaccinate Seniors

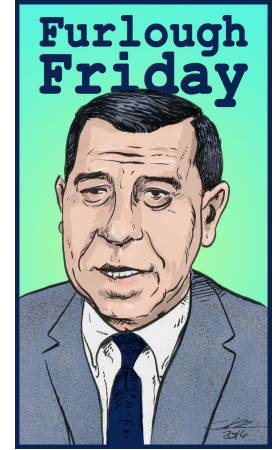
The Long Beach Health Department had an article in yesterday's Grunion Gazette. As of Jan. 18, the City has vaccinated more than 2,500 older adults, and another 5,500 will be vaccinated in the next two weeks. Older adults make up about 12.5% of Long Beach's population - that's nearly 60,000 people - so it's going to take time to get to everyone. You can read more about the work the Health Dept. is doing to ensure that seniors receive the vaccine at this [link](#).



Past and Ongoing Events

Furlough Friday Today - January 22nd

To help balance the City's budget during this economic downturn, some services are closed on alternating Fridays. These furloughs affect many operations in all City Departments. Emergency public response such as police, fire, animal care, public works and utility emergencies remain unaffected by furloughs. More information is available [here](#).



Register Your Bicycle

The City of Long Beach has partnered with 529 Garage, the premier online bike registry, to easily pass along information in case of theft. Long Beach residents are encouraged to register their bikes at www.project529.com/garage or through the [529 Garage App](#). More information is available at this [link](#).

**REGISTER YOUR BIKE
AND HELP US
RECOVER YOUR BIKE**

The Long Beach Police and Public Works Departments invite you to join **529 Garage**, an online bike registry, so you can easily pass along information in case of theft.

Visit: PROJECT529.COM/GARAGE or download the 529 Garage app to register:

Download on the **App Store** | GET IT ON **Google Play**

Logos: Long Beach Police, PW, GO ACTIVE LB, CITY OF LONG BEACH, 529 GARAGE

COVID-19 Impacts to Street Sweeping

The City's Street Sweeping team has had significant impacts to service due to possible COVID-19 exposure to several field staff. To ensure the health and safety of staff and community, employees who may have been exposed to COVID-19 are unable to return to work until they have been cleared by the LB Health Department. When possible, our Public Works Department will reallocate staff to cover areas impacted by COVID-19 leave. However, operating street sweeping vehicles requires additional licensing and qualifications that make it difficult to temporarily fill these roles. Street sweeping routes missed due to COVID-19 staffing issues will be prioritized for service during the location's next scheduled street sweeping day. If you have questions or comments relating to Street Sweeping service, please contact our council office at (562) 570-4444 or the Street Sweeping group at (562) 570-2890.



Make Way for Rain - Today and Early Next Week

With rain predicted, the City's Public Works Department is asking residents to follow a

few simple rules. Be sure to park your car 6 to 10 inches away from the curb to allow the water in the gutter to flow freely. Also, refuse and recycle carts should be placed 3 to 5 feet from the curb and at least two feet apart away from parked cars. Thank you!

Make Way for Rain

- Park **6 to 10** in. from the curb to maintain a clear path for rain water.

If your carts are out on a rainy day, place them:

- **3 to 5** ft. from curb, and
- at least **2** ft away from objects and each other

This helps rain water flow to storm drains and prevent carts from floating away.

CITY OF LONG BEACH

New Go Long Beach App!

Report graffiti, potholes, sign damage, dumped items and more on the NEW Go Long Beach app. The app has been updated to provide more transparency, language access and more frequent request updates. You can download the app at this [link](#).

NEW & IMPROVED!



FREE Hotspots & Computers for Qualified LB Residents!

While supplies last, free tablets with keyboards and mobile hotspots with one-year paid internet service plans are available on a first-come, first-served basis to qualified, low-income Long Beach residents with proof of income eligibility. To apply for the [Free Internet Services and Computing Devices Program](#), contact the City's [Digital Inclusion Resources Hotline](#) at (562) 570-7000. Digital inclusion navigators will be available by phone to facilitate the application process. Proof of qualifying income of 200% below the Federal Poverty Guidelines will be required for all applicants. For additional information, residents can email or text digitalinclusion@longbeach.gov

Apply to Receive a Free Hotspot and Computer Now!

#LBdigitalinclusion



Free Internet Services and Computing Devices Program

CITY OF
LONG BEACH
Digital Inclusion
Initiative



Upcoming Events

Long Beach Parks & Rec Extend Free Low Cost Youth Programs Through Feb. 26th | Register [Online](#) Now!

After school camps for children ages 5 to 12 years old will continue on weekdays from 3 p.m. to 6 p.m. through Feb. 26 (closed Jan. 18 and Feb. 5) at three CD4 parks: Orizaba, Whaley and Stearns. Campers can enjoy fun new games that follow COVID-19 safety guidelines. In addition, the Community Learning Hubs will continue to offer free sessions in Feb. for distance learning and after-school activities for kindergarten to eighth grade Long Beach Unified School District (LBUSD) students at Orizaba Park. [Online](#) registration for both programs is now open. For additional information about these programs please call 562-570-3150.



In-Person After School programs

Composting at Home Virtual Workshop

January 23rd | 10:00 - 11:00 am [online event](#)

Learn how to turn your food scraps and yard debris into a valuable soil amendment for your garden or landscape. You'll learn how to set up and maintain a backyard compost bin and vermicompost (worm) bin, see what materials can or cannot be placed in your compost bin and how to effectively use finished compost. Register at this [link](#).

LOVE TO GARDEN?

JOIN US!
COMPOSTING AT HOME
 Virtual Workshop

Saturday, 1/23 | 10 am-11 am

Learn how to turn your food scraps and yard debris into a valuable soil amendment for your garden or landscape.

Sign up: longbeach.gov/LBRecycles

Online Building Permits

Due to ongoing COVID-19 related restrictions, the City Hall Permit Center has been closed to the public. However, the City's team continues to offer online permitting services. Visit the [website](#) to view the easy-to-follow permit application instructions, learn how to successfully submit a project plan and schedule a plan pickup.

Online Permitting Process

longbeach.gov/lbds/building

LONG BEACH DEVELOPMENT SERVICES

Lodge Bread Company Coming to Zaferia

The Lodge Bread Company will be opening a new bakery/restaurant at 1135 Loma Ave. in CD4's Zaferia District. This will be the third location for the company that was founded in Los Angeles in 2015. Their menu includes whole grain breads, pastries, toasts with toppings and huge cinnamon rolls. They also have a food menu featuring a Caesar salad, sandwiches and pan pizzas sold whole and by the slice. You can check out their entire menu on their [website](#). As explained in the "And Finally" feature below, Lodge Bread Company will restart a Zaferia bread bakery tradition that began 95 years ago. We welcome them to our council district and wish them great success.

LODGE BREAD		
MADE IN L.A.	USA	EST. 2015
LODGE BREAD . COM		



Photo credit: LB4D blog

And Finally

Holsum Bread in the Heart of Zaferia

When Lodge Bread Company opens at 1135 Loma Ave., it will not be Zaferia's first bread bakery. That honor went to the Long Beach Baking Company at 1201 Redondo Ave. 95 years ago! The bakery faced Redondo Ave. just north of the Pacific Electric tracks and south of Anaheim St. The top two photos below, from the LBPL archives, show the building prior to March 1933. The LB Baking Company produced and distributed Holsum Bread from the three-story structure. The bakery opened around the same time as Community Hospital in 1924. Unlike the hospital, however, the bakery did not survive the 1933 earthquake. The bottom image shows the crumpled bakery building in the aftermath. We ran this photo in our newsletter back in 2019 and pointed out that the hospital, built directly over a fault line, sustained no damage in 1933.





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