



GO FOURTH! FRIDAY NEWSLETTER

September 9, 2022

Issue No. 385

Thank you for taking the time to read our weekly newsletter. Every Friday afternoon at 1:30 pm, we distribute this publication to provide updates on past and future events throughout our council district. Please encourage your neighbors to sign up for the Go Fourth! Friday newsletter by filling out the form at this [link](#).

- Councilman Daryl Supernaw



Past and Ongoing Events

LBACS Expands Pet Adoption Hours

Long Beach Animal Care Services (LBACS) has expanded its adoption hours by extending its weekday operating hours in the mornings and afternoons and opening one hour earlier on weekends. The public is invited to celebrate this expansion by visiting LBACS and browsing the adoptable animals during the longer operating hours. Those interested in adopting a pet can now visit LBACS, located at 7700 W. Spring St., from 10 am to 4:30 pm on Wednesdays, Thursdays and Fridays, and from 10 am to 3 pm on Saturdays and Sundays. More information at this [link](#).



Los Altos YMCA Flag Football Class

Continues Sept. 13th | Tuesdays, 4:00 - 4:50 pm | 1720 Bellflower Blvd.

Come out and join the Los Altos YMCA for their NFL Flag Football Class! This 6-week football class is a great way to learn the fundamentals of the game and meet new friends. The class is open to everyone ages 5-12! For more information and to register

for the class, visit this [link](#).



the **Y** FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

NFL FLAG FOOTBALL CLASS

STARTING SEPTEMBER 6

MEMBERS \$70 COMMUNITY PARTICIPANTS \$90

TIME: Tuesdays, 4:00 - 4:30 pm

LOCATION: Los Altos Family YMCA

OPEN TO EVERYONE FROM AGES 5-12!

Scan QR code to register and for more info.

MWD Asks for 15-Day Watering Restrictions

An emergency repair to a pipeline bringing water to Southern California has led to a regional call for significant water use reduction for up to 15 days starting Sept. 6. Metropolitan Water District of Southern California, or MWD, the agency that provides imported water to much of the region, needs to repair a leaking pipeline that brings water from the Colorado River to the region. About 30 percent of Long Beach Water is purchased from MWD, with the rest coming from local groundwater wells and reclaimed water facilities. You can read the LBWD memo at this [link](#).



Upcoming Events

LBFD Training Center: Live Burn Schedule

September 10th | 8 am - 12 pm | 2249 Argonne Ave.

The Long Beach Fire Department Training Center is conducting training for firefighters tomorrow, Saturday, September 10th. The exercises will take place from 8 am to noon. Live fire training is an essential part of development for the Recruit Firefighters. It allows the training staff to teach skills needed for survival in potentially life-threatening situations and the protection of life and property for the residents of Long Beach. The live burns may cause smoke and loud noises.



4th Annual Ranchos Walk Tomorrow!

September 10th | 8 am - 2 pm | Rancho-to-Rancho

Ranchos Walk 2022 will take place on Saturday, September 10th. Take a walk through history and follow a high ridge trail that links Rancho Los Alamitos and Rancho Los Cerritos. The 9.4-mile scenic walking route will start near the entrance to Rancho Los Alamitos and then connect the CSULB campus, Reservoir Hill, Hilltop Park in Signal Hill, Willow Springs Park and finish with a celebration at Rancho Los Cerritos. More information at this [link](#).



National Grandparents Day on Sunday

National Grandparents Day was established by a presidential proclamation in 1978 that designated the first Sunday after Labor Day as Grandparents Day. If you'd like to celebrate the holiday with a bouquet, the official flower of Grandparents Day is the forget-me-

not. Considering the holiday is celebrated on the same Sunday as the Belmont Shore Car Show, you could take your grandchildren to the FREE event... or have them take you!



31st Annual Belmont Shore Car Show

Sept. 11th | 9:00 am - 3:00 pm | 2nd St. in Belmont Shore

The Belmont Shore Car Show is back and FREE to all spectators! This year's car show will showcase approximately 700 cars with a wide variety of classic cars, custom cars and hot rods. The event draws approximately 50,000 attendees and an assortment of vendors along 14 blocks on 2nd Street in Belmont Shore. More information can be found at this [link](#).



September 11th Moment of Silence

To commemorate the 21st anniversary of the tragic events of September 11, 2001, Long Beach will observe a citywide moment of silence at 9:11 am this Sunday honoring and remembering the lives of those who were lost. A ceremonial tribute will be live-streamed at 9 am on these social media sites:

- City of Long Beach Facebook and Twitter pages [@LongBeachCity](#) and on YouTube [@LongBeachCityCA](#)
- Long Beach Police and Fire Department Facebook pages [@LongBeachPD.CA](#) and [@LongBeachFD](#) and Twitter pages [@LBPD](#) and [@LBFD](#) & [LBTv3.com](#)



Blood Drive at the Nature Center Museum

September 12th | 10 am - 4 pm | 7550 E. Spring St.

El Dorado Nature Center is hosting a blood drive on Monday, September 12th from 10 am to 4 pm. To make an appointment, please sign up online at [RedCrossBlood.org](#) and enter sponsor code: EIDoradoLB or call 1-800-RED CROSS (1-800-733-2767). Help save a life. Schedule your blood donation appointment today.



Next on the City Council Agenda

September 13th | 5:00 pm | 411 W. Ocean Blvd.

The City Council meeting will start at 5 pm in the Bob Foster Civic Chambers on the ground floor of City Hall, located at 411 W. Ocean Blvd. Prior to the meeting, there will be a Hispanic Heritage Month celebration in the Civic Plaza from 3 to 5 pm. City council meetings are broadcast live online and are available on Channel 3 for Charter cable subscribers and Channel 21 for FIOS subscribers. Comments can be submitted by email to: CityClerk@longbeach.gov. Items on Tuesday's meeting agenda include:



- Ceremonials and Presentations: Hispanic Heritage Month
- R-20: Recommendation to authorize City Manager, or designee, to submit a grant application to the U.S. Department of Housing and Urban Development (HUD), for the Continuum of Care Supplemental to Address Unsheltered and Rural Homelessness program; Authorize City Manager, or designee, to execute an agreement, and all necessary documents, subgrants, and any amendments including amendments to the amount of the award or to extend the grant term, with HUD to accept and expend grant funding in an amount up to \$5,193,648 for a period of three (3) years estimated to begin in the Winter of 2022; and Increase appropriations in the Health Fund Group in the Health and Human Services Department by \$5,193,648, offset by grant revenues. (Citywide)
- R-21: Recommendation to authorize City Manager, or designee, to execute all documents, including any necessary amendments, with the Federal Aviation Administration, to accept the Bipartisan Infrastructure Law Airport Terminal Program Grant award for federal Fiscal Year 2022 funding, for the Roadway Improvements Project at the Long Beach Airport, in an amount not to exceed \$12,800,000. (Districts 4,5)

The entire agenda can be found [here](#). To see the schedule and agenda for all upcoming city meetings, click [here](#).

Nature Center Parent & Me Workshops

9/14, 10/12, 11/9 | 10 - 11:30 am | 7550 E. Spring St.

Ages: 2-5 years, \$20 per class. Bring your imagination and sense of adventure as you and your child celebrate the seasons with a special morning of stories, nature play and outdoor exploration. Investigate the incredible, changing, natural world with your child while discovering creatures large and small. Parent participation and pre-registration required. More information at this [link](#).



TIP of Long Beach is Recruiting Volunteers!

Sept. 15th - 24th | Evening hours www.tipoflongbeach.org

Trauma Intervention Program (TIP) of Long Beach is looking for caring people willing to be part of a local team of volunteers who provide immediate emotional and practical support to survivors of traumatic events. TIP volunteers are called to emergency scenes by law enforcement through the 911 system to assist people experiencing trauma such as witness to a crime, traffic accidents, or death of a loved one. The training program will take place from September 15th - 24th. No experience is necessary but attendance at TIP's 8-day training academy is required. For more information and to register, check this [link](#).

Someone Needs You!
Now Recruiting Long Beach Volunteers

Put Your Compassion Into Action

Trauma Intervention Program of Long Beach and the Long Beach Police Department are looking for caring people who want to be part of a team of volunteers who provide emotional first aid and practical support to survivors of traumatic events. TIP Volunteers are called to emergency scenes and hospital emergency departments by first responders to:

- Comfort family members after a sudden death.
- Provide support to family members after a suicide.
- Help witnesses after a traumatic event.
- Assist those emotionally shaken after traffic accidents.
- Support crime victims and their family members.

Beach Streets University Returns to CD4

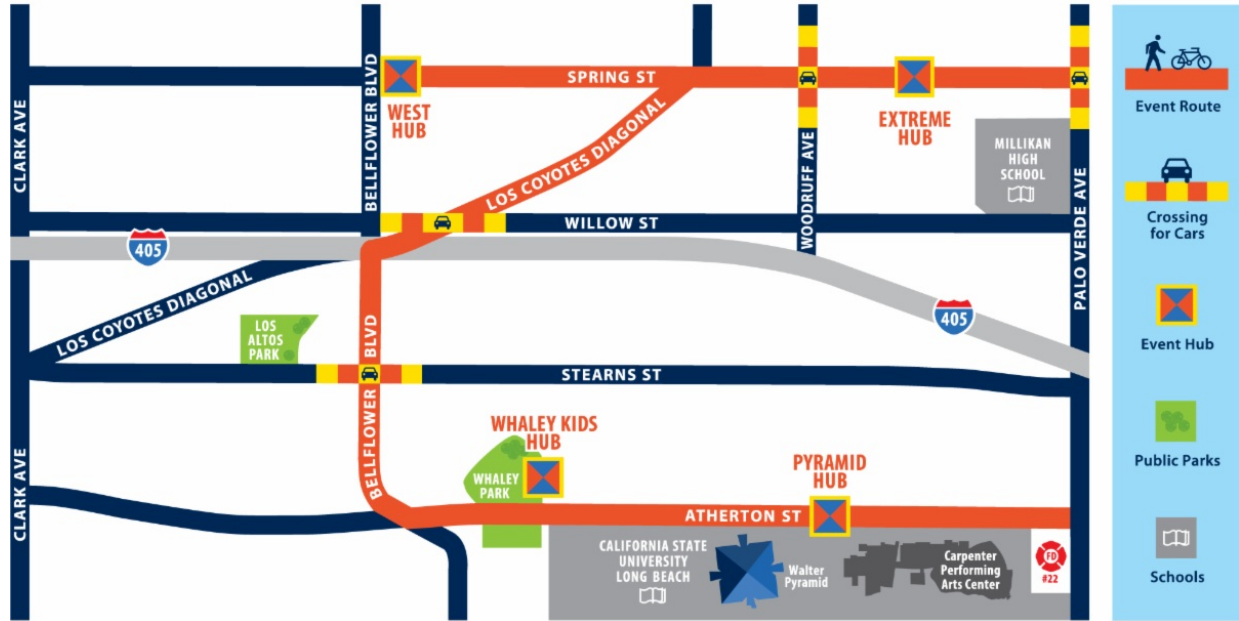
September 17th | 10 am - 4 pm | Atherton/Bellflower/LCD/Spring

Beach Streets University is returning to Council District 4 on Saturday, September 17th from 10 am to 4 pm. The same route will be used from the previous Beach Streets: Atherton, Bellflower, Los Coyotes Diagonal and Spring St. The eastern border at Spring St. is Palo Verde Ave. For vendor information, click this [link](#). Interested in volunteering? Visit this [link](#).

BEACH STREETS UNIVERSITY

PYRAMID HUB
AT WALTER PYRAMID CLUB

- 10:00 AM DJ Dennis Owens (all day)
- 10:15 AM Lakedub
- 11:30 AM Knyght Ryder
- 1:00 PM Electric Funeral
- 2:30 PM Arise Roots



Rancho Los Alamitos Cool Crafts Roundup

September 21st | 1:30 - 4:00 pm | 6400 E Bixby Hill Road

Families are invited to drop in for a craft project and Storytime. Participants will be painting portraits of the Rancho's Great Horned Owls, and the Storytime books will be about owls and other birds. All ages are welcome while supplies last. Children must be accompanied by an adult. Free admission, but please make a reservation at (562) 431-3541 or info@rancholosalamitos.org for reservations. Hope to see you there! Photo credit: Sharon Conner



Long Beach Gives 4th Annual Event

September 22nd | Donate at: LongBeachGives.org

Long Beach Gives is our city's annual online giving event that provides an easy way for our entire city to give together. It also provides Long Beach nonprofits the opportunity to gain exposure and start relationships with new donors. The success of last year's event helped raise awareness about nonprofits and the critical role they play in our community. Long Beach Gives is returning on Thursday, September 22nd, with a \$2.2 million goal and 200+ participating nonprofits. To make giving even easier, donors can contribute from Thursday, Sept. 15th at 12 am until Friday, Sept. 23rd at 10 am.



And Finally....

Incredible "Bicycle Kick" Video Goes Viral

Unless you attended last Sunday's soccer match at LBSU's George Allen Field, you missed one of the best goals in NCAA history. Fortunately, it was captured on video, and we've posted two versions below from LBSU Soccer and the562.org. In the 88th minute of the match with San Diego, LBSU Senior, Lena Silano, tied the score with a one-in-a-million bicycle kick. The assist from Elysia Laramie was taken in mid-air and kicked directly into the goal. Lena Silano became an instant celebrity as the video went viral. The photo below is a composite of three images from the video showing



Lena's incredible athletic ability. We are so proud of Lena and happy this took place at home in our 4th council district... and that Lena wears #4. Go Fourth! and Go Beach!



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