



GO FOURTH! FRIDAY NEWSLETTER

August 11, 2023

Issue No. 433

Thank you for taking the time to read our weekly newsletter. Every Friday afternoon at 1:30 pm, we distribute this publication to provide updates on past and future events throughout our council district. Please encourage your neighbors to sign up for the Go Fourth! Friday newsletter by filling out the form at this [link](#).

- Councilman Daryl Supernaw



Past and Ongoing Events

20 Free Summer Concerts Series Continues

This week, August 6-12, marks a week of three more concerts from the total of 20 FREE Summer Concerts in Council District 4. Sunday, concert #15 took place at Rancho Los Alamitos, and last night we were at the Nature Center for concert #16. Tonight, August 11th, Knyght Ryder will perform at El Dorado Park for concert #17. Next week, the Long Beach Community Band be at Stearns Park on Monday night for the 18th concert in the series. It's been a remarkable summer of great entertainment, and you can check the dates & times of our final two concerts at this [link](#).

| GO FOURTH! SUMMER EVENTS | |
|--|--|
| Summer Kickoff Concert at El Dorado West Friday, May 26 at 5 pm | |
| MUNICIPAL BAND CONCERTS | MOVIES IN THE PARK |
| Whaley Park North (Tuesdays) June 27 and July 11 | Light Year at El Dorado West Wednesday, July 5 |
| El Dorado Park West (Fridays) June 30 July 7, 14, 21, 28 August 4 *Concerts begin at 6:30 pm | Toy Story at Whaley Friday, July 28 |
| NATURE CENTER CONCERTS | High School Musical at Stearns Monday, August 14 |
| June 15 J.P. McDermott & Western Bop June 29 Big City Hillbillies July 13 Corday July 27 Sligo Rags August 10 Steel Parade August 24 The Salty Suites | The Super Mario Bros. Movie at College Estates Monday, August 21 *Movies begin at dusk |
| *Concerts run from 7-8 pm, members can enter at 6 pm, gates open at 6:30 pm | RANCHO LOS ALAMITOS CONCERT Sunday, June 4th Sunday, August 6 *Concert runs from 8-7 pm Parking is at 6266B and 6223 with free, accessible shuttle service |
| | LB COMMUNITY BAND CONCERT Monday, August 14 at Stearns Park *Performance at 6:30pm |
| Knyght Ryder Concert at El Dorado West Friday, August 11 at 6:30 pm Journey USA Band Concert at El Dorado West Friday, August 25 at 6 pm | |

PRM Fall Class Registration Now Open

Registration opened August 7 | [Online](#) or in-person

Registration for a variety of new and existing recreation classes offered by the City of Long Beach Department of Parks, Recreation and Marine (PRM) is now open. More than 700

activities in art, music, nature, fitness, special interest subjects, adult sports leagues and aquatics will begin in September and continue through November 2023. Register for classes online at this [link](#) or in person at 2760 Studebaker Rd. between 8 am to 5 pm. For more information call (562) 570-3111. Read the press release at this [link](#).



LONG BEACH PARKS, RECREATION AND MARINE
RECREATION CONNECTION
SEPTEMBER - NOVEMBER 2023 - REGISTRATION BEGINS AUGUST 7
LBPARKS.ORG

EL DORADO PARK EAST ARCHERY RANGE

FALL 2023
Classes and Activities For All Ages

FOLLOW US ON FACEBOOK, INSTAGRAM AND TWITTER

LONG BEACH AIRPORT

Rockin' the Rancho on a Sunday Afternoon

The second and final Rancho Los Alamitos Summer Concert last Sunday was a huge hit! Nearly 400 people enjoyed the beautiful grounds, picnic dinners and the music. Best of all, 22% of the attendees were visiting the Rancho for the first time! Thanks to the Port of Long Beach for co-sponsoring with our council office. Also thanks to the many RLA and National Charity League volunteers. You can listen to the end of Shy But Fly's concert by clicking on the video link.



Upcoming Events

Knyght Ryder Concert in Eldo Park TONIGHT!

August 11th | 6:30 pm - 8 pm | 2800 N Studebaker Rd.

Back by popular demand! 80's tribute band, Knyght Ryder, is continuing the long-time tradition of their summer concert in El Dorado Park West. The location will be where the LB Muni Band hosts their concerts. The Knyght Ryder concert will take place tonight from 6:30 - 8 pm. Join us for an evening filled with live entertainment, children's activities, and family fun! Admission is free. Thank you to the Long Beach Airport for your partnership in sponsoring this event! For more information on the event, contact the CD4 Office at (562) 570-4444 or email us [here](#).



Join Councilman Daryl Supernaw for a

KNYGHT RYDER

FREE SUMMER GO FOURTH! CONCERT
FEATURING KNYGHT RYDER

KIDS ZONE OPENS AT 6 PM WITH

FACE PAINTERS | BALLOON ARTISTS | BUBBLE ARTIST | KONA ICE TRUCK

FRIDAY AUGUST 11TH

El Dorado Park West
2800 N Studebaker Rd.
Concert starts at 6:30 pm

LONG BEACH AIRPORT

FREE Household Hazardous Waste Event

August 12th | 9 am - 2 pm | 2755 California Ave.

Household cleaning products, pesticides, paint, e-waste including batteries, medications, and many other products are considered hazardous waste and should not go in your trash or recycling carts. The next collection event is tomorrow, Saturday, August 12th. Learn more at this [link](#).



Free HHW and E-Waste Event!

Saturday, August 12th
9 a.m. - 2 p.m.
2755 California Ave,
Signal Hill, 90755

LONG BEACH RECYCLES

Rancho Events: Spicy Kitchen Pop-Up

August 12th & 19th | 1 - 4:30 pm | 6400 E Bixby Hill Rd.

Rancho Los Alamitos is hosting multiple Artisan Pop-up shows

Saturdays in August. The pop-ups continue tomorrow, August 12th from 1 to 4:30 pm. Visitors can visit the Spicy Kitchen pop-up shop, featuring tasting pickles, hot sauces, spicy jams and more. For more information on this event, visit this [link](#).



Long Beach Community Band at Stearns Park

August 14th | 6 pm | 4520 E 23rd St.

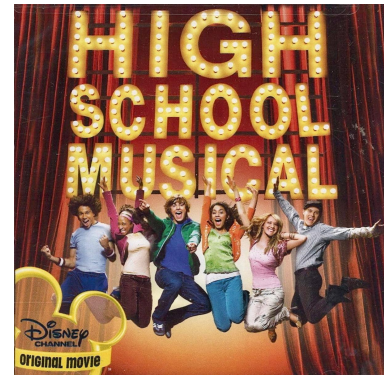
The Long Beach Community Band will be performing at Stearns Park on Monday, August 14th. Bring your lawn chairs and picnic basket for a wonderful evening in the park. This event is presented as part of the Long Beach Parks, Recreation and Marine Movies in the Park series. The concert will be followed by a movie night at Stearns Park.



"High School Musical" Movie Night at Stearns

August 14th | Movie starts at dusk | 4520 E 23rd St.

Parks, Recreation and Marine is hosting a FREE movie night at Stearns Champions Park on the evening of Monday, Aug. 14th. For "Dance Party Week" they will be showing "High School Musical" at dusk. Community members are encouraged to bring a lawn chair, blanket, picnic-style dinner and family and friends. For more information, call (562) 570-3226.



LGB Runway Closures Next Week

August 14th - 17th | 10 pm - 6:15 am | Runways 12/30

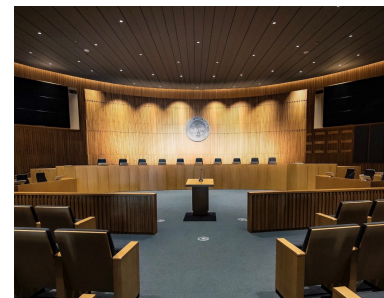
Starting Monday, August 14, LGB's primary runway, Runway 12/30, will be closed nightly through Thursday (August 17) from 10:00 pm until each following morning at 6:15 am due to maintenance activities being conducted in the runway safety area. During these times, Runway 08L/26R will be in use. Nighttime operations will resume on Friday, August 18.



Next on the City Council Agenda

August 15th | 5:00 pm | 411 W Ocean Blvd.

The City Council meeting will start at 5:00 pm in the Civic Chambers on the ground floor of City Hall, located at 411 W. Ocean Blvd. City council meetings are broadcast live online at: [LBTv3.com](#) and on Channel 3 for Charter cable subscribers and Channel 21 for FIOS subscribers. Comments can be submitted by email to CityClerk@longbeach.gov. Tuesday's meeting agenda includes:



- C-2: Recommendation to increase appropriations in the General Fund Group in the City Manager Department by \$7,000, offset by the Fourth Council District One-time District Priority Funds transferred from the Citywide Activities Department to provide a

- contribution to Partners of Parks for the College Estates Parks neighborhood events;
- C-15: Recommendation to authorize City Manager, or designee, to execute all documents necessary to enter into a Memorandum of Understanding, including any subsequent amendments, with the City of Signal Hill, for the construction and maintenance of a new traffic signal along with related street improvements at Redondo Avenue and East 20th Street within the City of Long Beach. (District 4)
- CBH-16: Recommendation to conduct a Budget Hearing to receive and discuss an overview of the Proposed Fiscal Year 2024 Budget for the departments of Development Services, Economic Development, Public Works, and overview of the CIP Budget. (Citywide)

The entire agenda can be found [here](#). To see the schedule and agenda for all upcoming city meetings, click [here](#).

Tenni-Mocs 61st Open House & Legacy Award

August 19th | 10 am - 4 pm | 6536 E Spring St.

The Tenni-Mocs shoe store is hosting their 61st Annual Open House. Customers with the first 20 orders will get a FREE homemade taco, sips and sweets. There will also be a bounce house for kids and gift bags for attendees. Get an exclusive sneak peek at the Annual "Sam Would Hate This" SALE. Find more information on the Open House event at this [link](#).

Tenni-Mocs will also be honored with a Legacy Business Award from Long Beach Heritage. The ceremony will take place at 1:00 pm during the Open House on August 19th. To learn more about the Legacy Business Awards and to see other CD4 businesses that have been honored, please visit this [link](#).



Pet Supplies Plus "Dogust" Adoption Event

August 19th | 11 am - 2 pm | 2086 N Bellflower Blvd.

Join Pet Supplies Plus as they celebrate "Dogust" with Long Beach Animal Care Services. The adoption event and celebration will take place on Saturday, August 19th. Customers can participate in raffles, games and giveaways. During the entire month of August, Pet Supplies Plus is having a raffle for gift baskets where 100% of the proceeds will be donated to LBACS. If Pet Supplies Plus wins for the most donated events in their district, a pallet of Hill's Science Diet will be donated to LBACS. Please call (562) 800-6975 for more information.



Attend a Virtual Proposed Budget Meeting

August 24th | [1 - 2:30 pm](#) OR [6 - 7:30 pm](#) | Virtual meetings

Join the conversation and share your feedback on the proposed budget at one of the upcoming community meetings. The City of Long Beach will be hosting two virtual meetings on Thursday, August 24th. One will be at [1 pm](#) and the other at [6 pm](#). Find the RSVP links under the meeting description at this [link](#). Interpretation services will be provided. For more information, visit longbeach.gov/FY24. Please call 562-570-6465 at least 72 hours in advance of each meeting to request ADA accommodations.



FREE Physical Therapy Clinic at The Beach

Sign up before August 28th | 9-week session starts August 29th

PT @ The Beach is a full-service physical therapy clinic that treats various injuries and conditions that are orthopedic in nature. The clinic is hosting a 9-week Orthopedic Pro-Bono Clinic. Patients will be seen by a team of 2 Physical Therapy Students under the supervision of a Licensed Physical Therapist. These sessions are free but a 9-week commitment is required to be considered. Sign-up is open until August 28th. The services include evaluation, consultation, treatment, and education. To learn more call 562-985-8286 or visit this [link](#).



PT@THE BEACH

PRO BONO ORTHOPEDIC PHYSICAL THERAPY

- 9 weeks of Physical Therapy - no charge
- One-hour appointments on Tuesday or Thursday
- Neck, back, shoulders, legs, and other muscles, bones, joints
- Free parking for patients

2023 Sessions begin Tue 8/29/23 or Thu 8/31/23.
Patients must be available to attend all appointments.
Call or visit our clinic for more information or to be added to the waitlist.

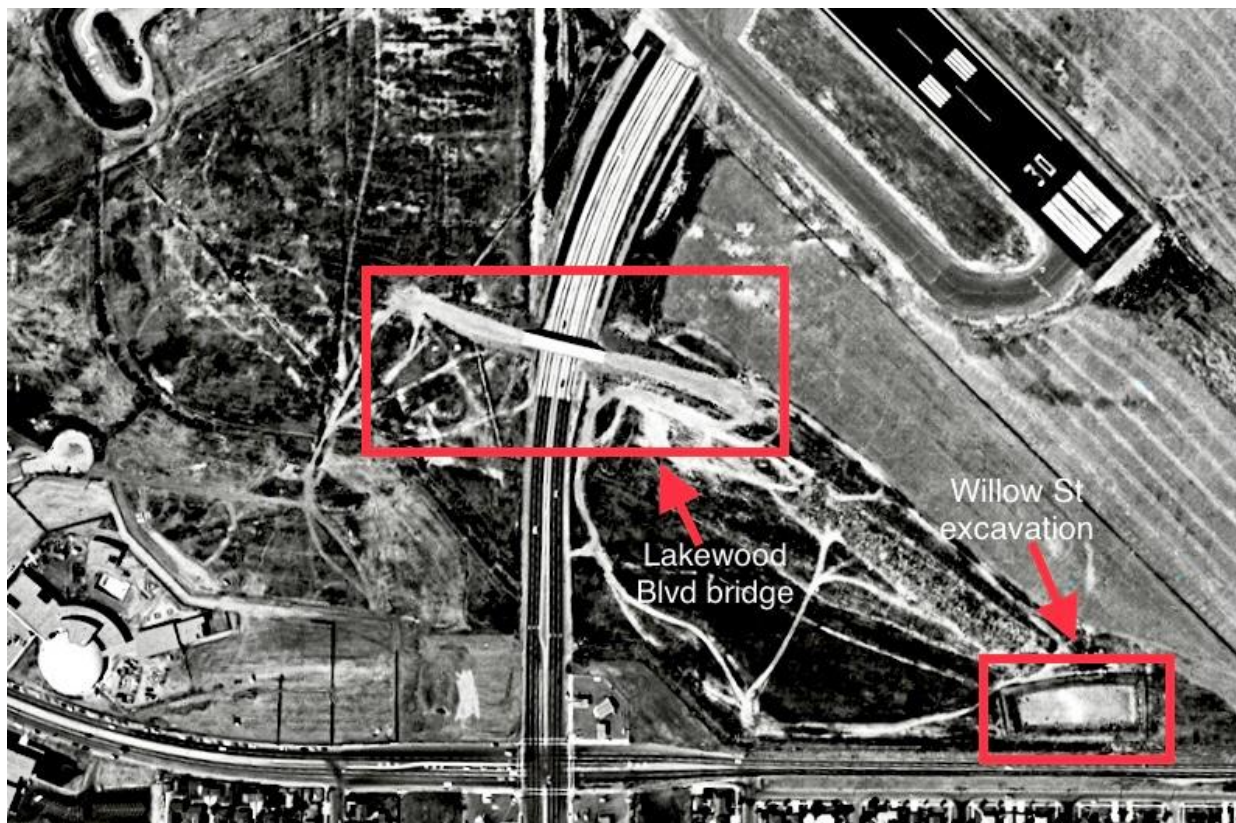
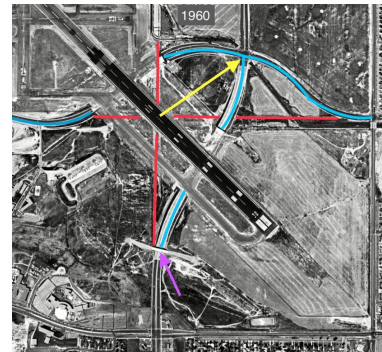
1250 Bellflower Blvd. KIN 105 Long Beach, CA 90840
Phone: 562-985-8286 • Email: CHHS-PTBeach@CSULB.edu

And Finally....

The Lonely Lakewood Blvd. Bridge

Last week, we featured an aerial photo of Lakewood Blvd. taken in the spring of 1960. We highlighted the future Lakewood Blvd south bridge from the future 405 Freeway north exit. We also asked the question: so why was the lone bridge built five years prior to the opening of the 405 Freeway? Here is the answer:

The Lakewood Blvd. offramp bridge was built first as part of a very clever construction engineering plan. It would be utilized as a construction bridge to allow dump trucks and earth moving equipment to cross Lakewood Blvd. and avoid the Willow St. intersection. This would save countless hours of construction vehicles waiting at the intersection for the light to change. But the ingenuity gets even better. Where did they get the dirt to build the embankments to support the bridge? As shown in the 1960 photo, they excavated a huge “crater” just southeast of the bridge that looked like a subterranean sports stadium. Continuing the theme of “no wasted effort”, that excavation site ultimately became the Willow St. underpass beneath the 405 Freeway. Mid-century construction engineers did not have the computerized tools available today, but they were certainly well-versed in efficiency.





freeways of Los Angeles

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