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GO FOURTH! FRIDAY NEWSLETTER

January 6, 2023

Issue No. 402

Thank you for taking the time to read our weekly newsletter. Every Friday afternoon at 1:30 pm, we distribute this publication to provide updates on past and future events throughout our council district. Please encourage your neighbors to sign up for the Go Fourth! Friday newsletter by filling out the form at this [link](#).

- Councilman Daryl Supernaw



Past and Ongoing Events

Final Day for Treecycle Drop-Off Today

January 6th | Various locations

This afternoon, January 6th, you can drop off your Christmas tree for recycling at one of 12 special locations. Your nearest CD4 location may be at Stearns Park (corner of 23rd St. and Roycroft), El Dorado Park (2760 Studebaker) or the Environmental Services Bureau at 2929 E. Willow. If your trash/recycling is collected by the City's refuse and recycling service, you qualify for a FREE pick-up at your home on January 7th. Make sure you put it out before 7 AM where you normally leave your carts. If your tree is over 12 ft. tall, make sure to cut it in half. If your tree is not picked up, please call [\(562\) 570-2876](#) for assistance. Visit the LB Recycles website for more information at this [link](#).



Natural Gas Prices Continue to Soar

Residents and businesses throughout Southern California will see a dramatic increase in their natural gas bills this month as global market prices hit a 20-year high. This follows already higher-than-average bills

in December when the price of gas doubled from November. The price then tripled from December to January. The average single-family residential customer is likely to see an increase of \$200 or more. Facing the highest natural gas prices in our City's history, Long Beach Utilities issued a statement on Wednesday outlining the steps they are taking to help mitigate the price surge. You can read their press release at this [link](#).



Rainy Day Refuse & Recycle Cart Procedures

With the National Weather Service predicting more rain, below is the rainy day cart procedures and other rain related information. To report street flooding, downed trees or inquire about street sweeping, please call 562-570-2700. Visit the Department of Disaster Preparedness and Emergency Communications' [website](#) for more information on [Preparing for Severe Weather](#).

Make Way for Rain

- Park **6 to 10** in. from the curb to maintain a clear path for rain water.

If your carts are out on a rainy day, place them:

- **3 to 5** ft. from curb, and
- at least **2** ft away from objects and each other

This helps rain water flow to storm drains and prevent carts from floating away.

CITY OF LONG BEACH

Free At-Home COVID-19 Tests

A message from the Long Beach Health Department: Every household in the U.S. is eligible to order a fourth round of four additional, free at-home, rapid COVID-19 tests. Get your tests now so you are ready if you get sick or are exposed to COVID-19. To order your free test, visit [COVIDtests.gov](https://www.covidtests.gov). For assistance in placing an order for your free at-home tests, please call: 1-800-232-0233

FREE At-Home COVID-19 Tests
for every household* in the U.S.
* Limit 4 tests per household
COVIDtests.gov

LONG BEACH HEALTH DEPARTMENT

YMCA Junior Lifeguard Program Preparation

The Los Altos Family YMCA is offering swimming classes to help prepare participants for the challenges faced during the Junior Lifeguard program. Swimmers will be able to build endurance in preparation for the Spring 2023 Junior Lifeguard Program. Classes will be offered on the following days and times:

- Mondays & Wednesdays: 5:30 pm - 6:00 pm
- Tuesday & Thursdays: 5:30 pm - 6:00 pm
- Saturdays: 11:00 am - 11:30 am

the Y
BUILDING AQUATIC LEADERS
Start preparing for the Long Beach Junior Lifeguard program!

This program is offered during the Winter Group Swim Lesson sessions from December to February. For more information about this program, visit this [link](#).

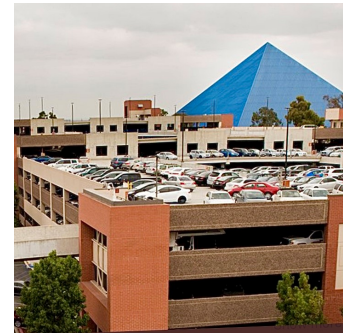
Preferential Parking District Permit Renewals

Renewal notices have been mailed out for PPD permits. Each household is allowed up to three residential and one guest preferential permit per year. The annual fee for each residential preferential or guest permit is \$33.75. If you have not received your renewal notice, you can visit the [Parking Permits Portal](#) to purchase your new PPD permits for 2023. The blue permits expired on 12/31/22, and the purple permits are now required for 2023.



CSULB Spring Parking Permits Now Available

On Tuesday, CSULB Spring Semester parking permits went on sale through the online services portal at this [link](#). In June 2021, a 5-year fee increase schedule was proposed and approved to create a sustainable parking operating budget. This schedule creates an incremental increase in fees each year from 2021 to 2026 to cover parking infrastructure repairs, fund programs like the campus shuttles, and staff for parking operations and event services. Spring 2023 is within the second year of the increase schedule. The student semester fee from 1/15/23 to 6/4/23 is \$250.



Upcoming Events

LBFD Training Center: Live Burn Schedule

January 9, 10, 12, 13 | 7 am - 10 am | 2249 Argonne Ave.

The Long Beach Fire Training Center will be conducting live fire trainings on these dates/times that are subject to change:

- Monday (1/9) between 7:00 am- 10:00 am
- Tuesday (1/10) between 7:00 am- 10:00 am
- Thursday (1/12) between 7:00 am- 10:00 am
- Friday, (1/13) between 7:00 am- 10:00 am

Live fire training is essential in the development of firefighters and teaches skills needed to perform lifesaving and property-saving operations in the City of Long Beach. Thank you for your continued support of the Long Beach Fire Department!



Next on the City Council Agenda

January 10th | 3:00 pm | 411 W. Ocean Blvd.

The City Council meeting will start at 3:00 pm in the Bob Foster Civic Chambers on the ground floor of City Hall, located at 411 W. Ocean Blvd. City council meetings are broadcast live online and are available on Channel 3 for Charter cable subscribers and Channel 21 for FIOS subscribers. Comments can be submitted by email to: CityClerk@longbeach.gov. Items on Tuesday's meeting agenda include:



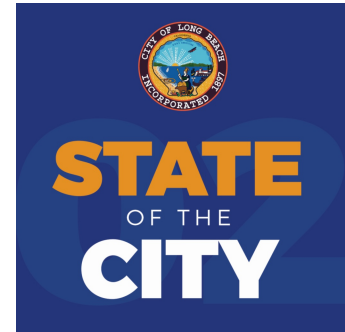
- R-19: Recommendation to adopt resolution proclaiming the existence of a local emergency caused by conditions or threatened conditions of homelessness within the City of Long Beach, which if not corrected, constitutes an imminent and proximate threat to the safety of persons and property within the City. (Citywide)

The entire agenda can be found [here](#). To see the schedule and agenda for all upcoming city meetings, click [here](#).

2023 State of the City Address

January 10th | 5:30 pm | 300 E Ocean Blvd #300

You are invited to attend the 2023 State of the City at 5:30 p.m. on Tuesday, January 10th at the Terrace Theater. Doors will open at 4:30 pm and the event will begin at 5:30 pm. RSVP for the event at this [link](#) or watch the event live on [LBTV](#), [Youtube](#) or [Facebook](#).



El Dorado Library Storytime Events

Thursdays & Fridays | Various Times | 2900 N Studebaker Rd.

El Dorado Library will host its Children's Storytime events in January. Children will participate in singing, stories, and other activities. For more information call (562) 570-3136.

- **Infant Storytime (0-9 mos)** Fridays 12 -12:30 pm
- **Toddler Storytime (9 mos - 3 yrs)** Thursdays 10 - 11:15 am or 11:15 am to 12 pm
- **Preschool Storytime (3 - 5 yrs)** Fridays 10:30 - 11:15 am



New California DMV Laws for 2023

The California Department of Motor Vehicles (DMV) has issued a press release highlighting new laws for 2023. You can read it at this [link](#). One highlight includes SB-837 which was authored by our own State Senator, Tom Umberg. Previous law stipulated a \$5 fee (subject to increase) for the word "VETERAN" to be printed on the face of the driver's license of an applicant who provided verification of veteran status. Senator Umberg's new law eliminates that fee. The full text of SB-837 is available at this [link](#).



CSULB Wellness Programs for Community Neighbors

Did you know that CSULB offers fitness programming, continuing education, and physical therapy available to our community neighbors?

[The LifeFit Center @ The Beach](#) is a learning and research laboratory within the department of kinesiology and serves as a health and fitness facility to community members age 49+ and to all CSULB faculty and staff. In addition to a 6,000 foot fitness floor with cardio and strength equipment, they offer group fitness, personal training, small group training, wellness coaching, and wellness workshops! If you are interested in joining LifeFit, please call LifeFit Director, Ayla Donlin, at [562-985-2005](tel:562-985-2005) to arrange a tour and/or complimentary day pass.



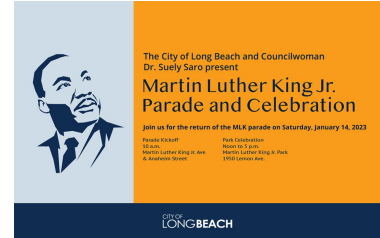
[Osher Lifelong Learning Institute \(OLLI\)](#) at CSULB is a membership organization for people age 50+ who are interested in learning for the joy of learning and keeping in touch with a larger world. OLLI offers a diverse selection of intellectually stimulating courses and educational activities along with significant opportunities for volunteer engagement and leadership. There is

PT @ The Beach is a full-service physical therapy clinic that treats various injuries and conditions that are orthopedic in nature such as low back pain, chronic pain, and post-operative conditions (knee, hip, shoulder replacements, etc.). You will work 1-on-1 with a licensed Doctor of Physical Therapy for at least 45 minutes. The services include evaluation, consultation, treatment, and education. They provide evidence-based, individualized and compassionate care and look forward to working with you in the future. To learn more about PT@The Beach, give them a call at [562-985-8286](tel:562-985-8286).

Martin Luther King, Jr. Parade and Celebration

January 14th | 10 am - 5 pm | MLK Avenue & 1950 Lemon Avenue

The Martin Luther King, Jr. Parade and Celebration will take place Saturday, Jan. 14, 2023. Community members are encouraged to attend the event to honor and celebrate the life and values of Dr. Martin Luther King, Jr. The parade kickoff will begin at 10 am at the intersection of MLK Ave. and Anaheim St. followed by the park celebration from noon to 5 pm at Martin Luther King Jr. Park (1950 Lemon Ave.). The park celebration will include performances, a health/wellness area, a youth area, food and merchandise vendors, and information booths. Find more information at this [link](#).



And Finally....

Atherton Park and the “Twelfth Eve” Bonfires

Today, January 6th, is “Twelfth Eve” which marks the end of the Twelve Days of Christmas. It is the final day to drop off Christmas trees at local parks for eco-friendly mulching. Seventy years ago, Long Beach residents dropped off their Christmas trees at local parks for a somewhat less than eco-friendly alternative. The trees were incinerated in the citywide annual Twelfth Eve bonfires held each January 6th. According to the 12/30/52 Press-Telegram article below, one of the four locations was the Los Altos playground (later named Atherton Park) at Atherton and Clark.



The final Twelfth Eve bonfire at Atherton Park took place in 1961. A week later, the City announced that all recreation activities would be closed out on January 22, 1961. The area was privately owned, and it would soon be slated for multi-family housing and be developed as Sovereign Park Estates. As shown in the 1960 aerial photo below, you can see the open park space and the ball fields. Most of the area west of Clark to Outer Circle was also open space. Two decades later, the 1982 aerial photo below shows the area completely filled with retail space and multi-family housing. Even most of the single-family homes south of Atherton on Park Ave., Malta St. and Gish Ave. were converted to apartment buildings.



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