

COVID-19

#covid19longbeach
longbeach.gov/covid19

STAY HOME IF YOU ARE SICK

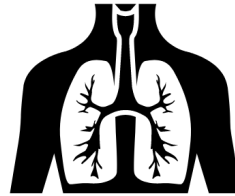
SYMPTOMS



Fever
100.4° F (40° C)



Cough



Shortness of Breath



Fatigue

*These symptoms may appear 2-14 days after exposure.

STOP THE SPREAD



Wash your hands with soap and water often for at least 20 seconds.



Avoid touching eyes, nose, and mouth.



Avoid close physical contact.



Cover your cough.



Clean & disinfect frequently touched surfaces.



Stay home if you are sick.



LONG BEACH
HEALTH & HUMAN SERVICES