

COVID-19 DECISION MAKING FOR TK-12, ECEs, AND YOUTH SPORTS

Situation

Individual Contact Tracing

Group Tracing (K-12 ONLY)

Student/staff sick with ANY COVID-19 associated symptoms^{1,2}

Have student/staff stay home & recommend testing²

Negative test: May return to school 24 hours after symptoms resolve. No quarantine of contacts required.

Positive test: Isolate case and identify exposed individuals.

Quarantine per general LBDHHS guidance

Students/Staff with COVID-19 Positive^{2,7}

Isolate per general LBDHHS guidance.

Isolate per general LBDHHS guidance

Students exposed to someone at school with COVID-19

Identify **individuals** who were within 6 feet for at least 15 minutes cumulative (within 24 hours) of someone at school with COVID-19 during their infectious period^{3,4}

1. Quarantine per general CDPH guidance

- May return when 10 days of quarantine is complete
- OR
- May return after day 5 if tested negative on or after day 5 and remain asymptomatic (antigen test is preferred)⁴
- K-12 may choose to do modified quarantine⁵ if there was mask-on-mask exposure (See Quarantine Option 2)

2. Quarantine per general CDPH guidance (K12 only). In order to remain in school under modified quarantine, they MUST

- Have had mask-on-mask exposures
- Test at least once between Days 3-5. If adequate testing resources, recommend testing twice, preferably immediately after exposure notification and on or around Day 5.
- Upgrade to well-fitted mask; required to wear indoors & outdoors.
- Monitor for symptoms¹.

3. Exempt from quarantine and testing:

- Upgrade to well-fitted mask; required to wear indoors & outdoors.
- Monitor for symptoms¹
- If resources are available, fully vaccinated students can test once, preferably between Days 3-5.

Group Action for all three categories of exposed students without symptoms:

Identify **groups** who shared the same indoor space at school for at least 15 minutes (within 24 hours) of someone with COVID-19

- Remain in school
- Get tested once between Days 3 to 5
- Response testing should be prioritized over surveillance testing
- Students can participate in sports and extracurricular activities if tested and masking is practicable
- Upgrade to well-fitted mask; required to wear indoors & outdoors
- Monitor for symptoms

1. Asymptomatic students who are NOT fully vaccinated⁶

2. K-12 Asymptomatic students who are NOT fully vaccinated⁵

3. Asymptomatic students who are fully vaccinated OR had a positive COVID-19 test in the past 90 days

School Staff exposed to someone at school with COVID-19 (asymptomatic)

Fully vaccinated staff DO NOT need to quarantine.

Boosted; OR Vaccinated, but not yet booster eligible. Recommend testing at day 5.

Vaccinated and booster-eligible but have not yet received booster dose. MUST TEST 3-5 days after last exposure date.

Unvaccinated staff need to quarantine at home per general LBDHHS Quarantine Order.

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Please note:

Day of last exposure = day 0

Day onset of symptoms = day 0

Day of test (if asymptomatic) = day 0

¹**School Screening Symptoms:** Fever, chills, cough, shortness of breath, loss of taste or smell, or any combination of symptoms listed [here](#).

- People who develop symptoms again within 3 months of a positive COVID-19 test may need to be tested again if there is no other cause identified for their symptoms.

²**Those who are symptomatic and choose not to be tested must follow guidelines as if they were positive.** In these cases, testing is strongly encouraged. Unless COVID-19 is highly suspected, no need to quarantine close contacts.

³**ECE and other daycare facilities with children under 5 years may follow community quarantine guidance for close contacts. If the ECE facility is unable to conduct effective contact tracing due to difficulty adhering to masking and distancing protocols among younger ages the entire cohort should be quarantined**

⁴Individuals who shorten their quarantine period to 5 days should monitor their symptoms and follow all recommended non-pharmaceutical interventions (wear a mask around others, practice handwashing, avoid crowds) through Day 10 from the last day of exposure.

⁵**Modified Quarantine Applies only for K-12:**

Individual Contact Tracing: When both parties were wearing a mask in any school setting in which students are supervised by school staff (including indoor or outdoor school settings and school buses, including on buses operated by public and private school systems), unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified quarantine.

⁶**Household exposure/Close contact to positive sibling**

Quarantine for the unvaccinated close contact starts once the positive case in the home clears isolation (10 days after onset or 5 days with a negative test result).

⁷**Exclude positive staff/child from school until:**

- 10 days after onset (or after testing date if asymptomatic);

or

- 5 days after onset (or after testing date if asymptomatic); with a negative test on or after day 5

AND

- Fever free for at least 24 hours without medication; AND
- Symptoms improved; AND
- Continue to wear a well-fitted mask indoor and outdoor through day 10