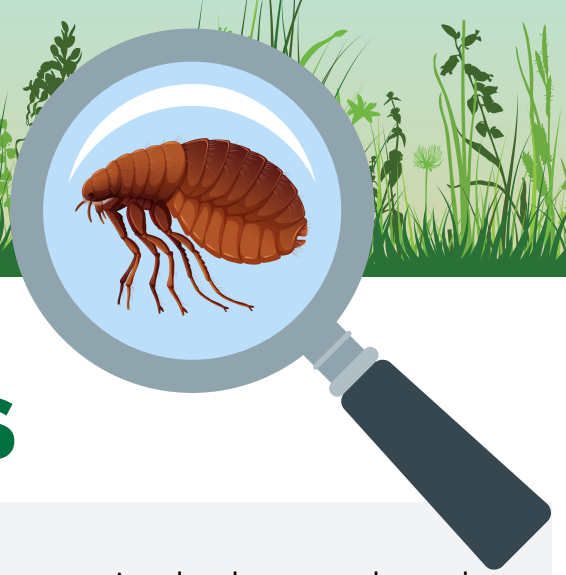


# Protect Yourself From FLEA-BORNE TYPHUS



## WHAT IS TYPHUS?

Typhus, a bacterial disease, is present in Long Beach and is transmitted to humans through contact with infected fleas.

## HOW IS TYPHUS TRANSMITTED?

Typhus bacteria is passed to humans through a bite from an infected flea. Infected fleas have bacteria in their feces and will often leave the bacteria while biting and feeding. When a person scratches the bite, it allows bacteria to enter the body. **Typhus is not spread from person to person.**

## SYMPTOMS INCLUDE:



Fever



Headache



Rash on chest, back  
of arms and/or legs



Body aches  
and pains



Chills

**Symptoms appear within two weeks after contact with infected fleas. If you are experiencing these symptoms, see your health care provider immediately.**

## HOW TO PROTECT YOURSELF:



Call local Animal Control if  
you see dead animals



Don't feed wild animals (rats,  
opossums, and community cats)



Trim vegetation around  
buildings



Cover garbage containers



Remove or elevate items outside  
the house at least 6" off the ground



Keep pets indoors and  
treat for fleas

