

2016 Provider Contact Information

If you need to reach our plan providers, here is their contact information:

Plan Type	Provider	Phone Number	Website	Policy/Group #
Medical	Anthem Blue Cross HMO	(877) 800-7339	Anthem.com/ca/colb	276800
Medical	Anthem Blue Cross PPO	(877) 800-7339	Anthem.com/ca/colb	276800
Medical	Anthem Blue Cross Nurse Line	(800) 977-0027	Anthem.com/ca/colb	276800
Pharmacy (HMO)	Express Scripts	(800) 700-2541 (retail) (800) 824-0898 (mail order)	Anthem.com/ca/colb	276800
Pharmacy (PPO)	CVS Caremark	(855) 559-7917	Caremark.com	N/A
Mental Health	Anthem Blue Cross Behavioral Health Network	(800) 274-7767	Anthem.com/ca/colb	276800
Long Beach Memorial Ambassadors	Sandee Gruner Provider Assistance	(562) 933-1233	Email: sgruner@memorialcare.org	N/A
Long Beach Memorial Ambassadors	Jean M. Miller, R.N. Manager of Clinical Services	(562) 933-1232	Email: jmmiller@memorialcare.org	N/A
Dental	Delta Dental DHMO	(800) 422-4234	deltadentalins.com/colb/	11104
Dental	Delta Dental DPPO	(800) 765-6003	deltadentalins.com/colb/	3712
Vision	MES Vision	(800) 877-6372	mesvision.com	2007-008
EAP	MHN	(888) 426-0025 (TTY Users dial 711)	Mhn.advantageengagement.com, company code: LBBWell	N/A
Long Term Care	Unum	(800) 421-0344	Unum.com	N/A
FSA	WageWorks	(877) 924-3967	Wageworks.com	N/A
Life	Standard Insurance Company	800-628-8600	Standard.com	448651

IMPORTANT! Visit our intranet website at <http://clbnet/hr/default.asp> (Click on “HR Employee Portal” then “Benefits”) for links to plan documents including Summary of Benefits and Coverage (SBCs), Federal Required Notices including the Medicare Part D and COBRA notices, and much more!