

LINCOLN PARK

MONTHLY CALENDAR

2024
January - March

TUESDAYS	WEDNESDAYS	FRIDAYS	FRIDAYS
Walking Group	Intro to Fitness with Park Equipment	Play date in the Park	Come and Dance: Moving & Grooving
Time: 5 - 6 p.m.	Time: 5 - 6 p.m.	Time: noon- 1 p.m.	Time: 5 - 6 p.m.
<p>All ages</p> <p><u>Description</u></p> <p>All walking is done on flat ground starting at Lincoln Park and walking around the civic center and Billie Jean Library. Walk as long as you'd like.</p>	<p>(13 ages and up)</p> <p><u>Description</u></p> <p>Learn many ways to apply a healthy style with simple use of park fitness equipment. This beginner exercise class is designed for people of all fitness levels.</p>	<p>(3 year and up)</p> <p><u>Description</u></p> <p>Learn different ways to explore many fun activities for casual playdates with our PRM team.</p>	<p>All Ages</p> <p><u>Description</u></p> <p>Learn different types of freestyle dance with different genres of music. Beginner class that includes line dancing and other fun dances.</p>

Daily programming from 11 a.m.-6 p.m. we have our fun zone area with different variety of lawn games, art & craft activities, board games and helpful staff!



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Free Parking at Civic Center Garage 332 W. BROADWAY, LONG BEACH, CA 90802
We encourage guests to please bring lawn chairs, blanket and a picnic dinner!

Movie in the Park Movie begin at dusk

January 26, 2024

SING

Activities start 4 p.m.

February 29, 2024

UP

Activities start 4 p.m.

March 28, 2024

Turning Red

Activities start 4 p.m.

Family Game Nights 5-7 P.M.

January 18, 2024

**Obstacle
Relay Race**

February 22, 2024

**Minute to
win it games**

March 21, 2024

**Scavenger
Hunt**

UPCOMING EVENTS

