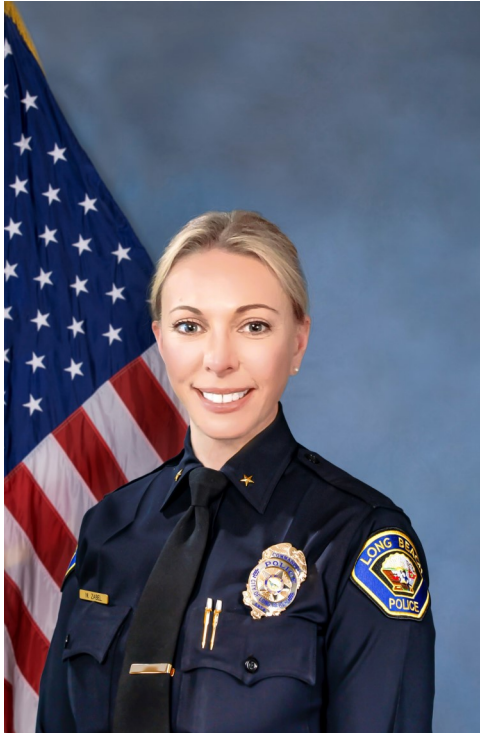


LONG BEACH POLICE DEPARTMENT

COMMANDER

Megan Zabel



Commander Megan Zabel has been with the Long Beach Police Department for over 19 years and promoted to the rank of commander on March 13, 2021.

Commander Zabel began her career with the Long Beach Police Department as a recruit in 2001. She was promoted to Sergeant in 2011 and Lieutenant in 2018.

Commander Zabel has worked various assignments throughout her career, including Patrol, Directed Enforcement Team, and numerous investigative task forces. As a Sergeant, she was assigned to Internal Affairs, Media Relations, Violent Crimes, and Homicide. As a Lieutenant, she worked in the West, East, and North Patrol Divisions.

Commander Zabel is a graduate of the Sherman Block Supervisory Leadership Institute and received a POST Management Certificate. She has been presented with multiple commendations and awards throughout her career.

