

The **38th Annual Long Beach Marathon** returns to our city, **Sunday, October 9, 2022!** This exciting weekend will feature a Health and Fitness Expo at the **Long Beach Convention Center**.

All event attendees will be expected to follow current locally mandated and recommended health guidelines. Thank you for your cooperation.

EVENT SCHEDULE

FRIDAY, OCTOBER 7

FREE! Health and Fitness Expo • 12:00pm to 6:00pm

SATURDAY, OCTOBER 8

FREE! Health and Fitness Expo • 10:00am to 4:00pm

Aquarium of the Pacific 5k • 7:00am

SUNDAY, OCTOBER 9, RACE DAY

- 6:00am- Bike Tour Start
- 6:00am- Marathon Start
- 7:30am- Half Marathon Start

RESIDENT INFORMATION

The marathon and half marathon operate as an out-and-back course and streets will be re-opened on a rolling basis. As the last participants pass an area, the roads are opened to traffic at the discretion of local law enforcement. Roads will re-open at various times, with some as early as 10 a.m. Law enforcement will be positioned at major intersections to allow cars to cross the marathon course only during safe breaks between participants. Timing of road closures are approximate and subject to change. **For a full list of road closures and times, please visit**

www.runlongbeach.com/community-relations/

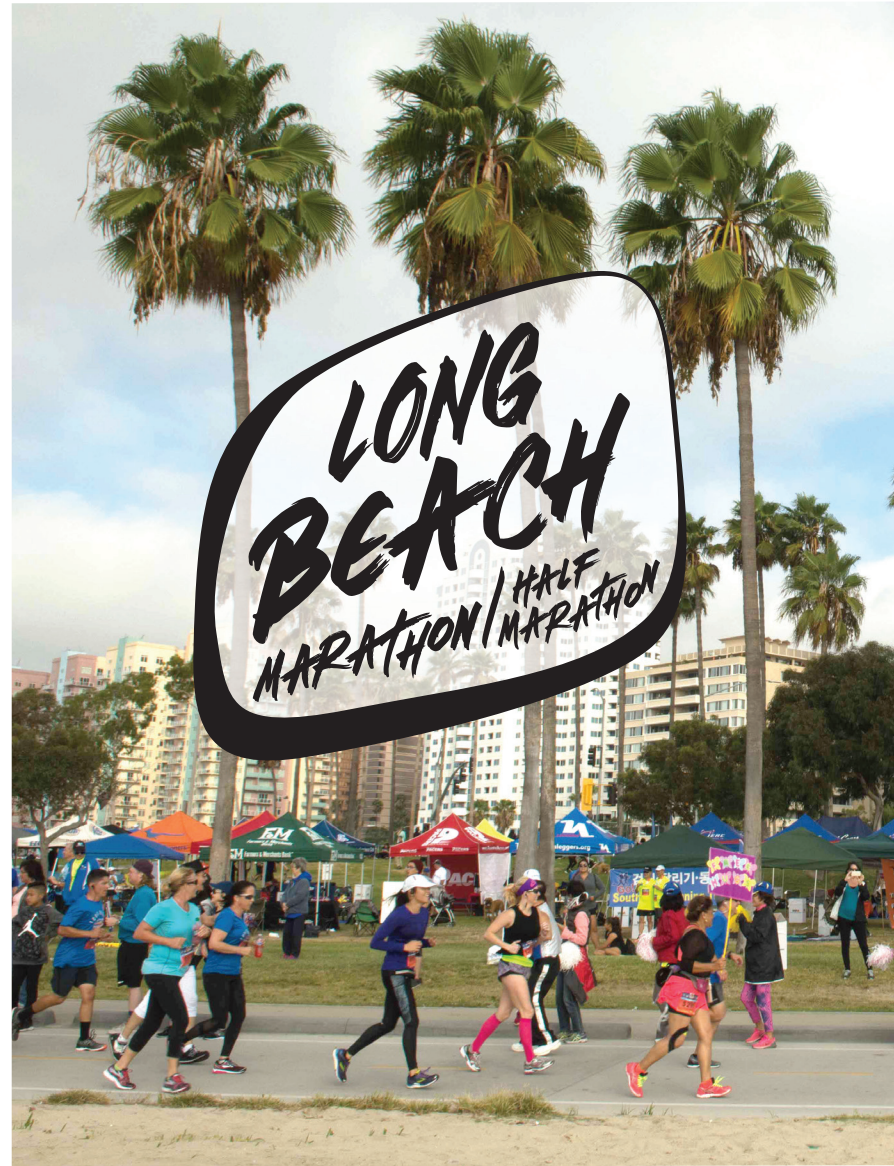
Plan ahead and allow extra time for travel due to road closures and traffic delays. For questions related to road closures and detours, email community@motivsports.com.

GET INVOLVED!

Looking for a way to get involved? Volunteer or CHEER! For more information please email us at lbinfo@motivsports.com. Your support provides encouragement and excitement for everyone. Every wave, applaud, and smile given to a participant reinforces the collaboration of this Long Beach community supported event.

ROAD CLOSURE NOTICE

SUNDAY, OCTOBER 9, 2022



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ACCESS INFORMATION

ROADS WILL CLOSE AT 5 A.M. ON SUNDAY, OCTOBER 9 AND RE-OPEN ON A ROLLING BASIS. ALL ROADS EXPECTED TO OPEN BY 2 P.M.

A BELMONT SHORE, PENINSULA, AND NAPLES AREAS:

FREE PARKING FOR BELMONT SHORE RESIDENTS is available in the beach parking lots along Ocean Blvd. Enter the lots near the Belmont Pool off Granada Ave and park for free Saturday night through Sunday. Residents can exit the lots on Sunday at GRANADA AVE ONLY and be escorted across the race course by police.

EGRESS: Take 2nd Street East to Pacific Coast Highway (PCH). The freeway can be accessed using 2nd Street to Studebaker Rd.

EGRESS FOR PENINSULA RESIDENTS: Exit the area by proceeding west on Ocean Blvd to 54th St. Turn right on Bayshore Ave., then turn right to 2nd St. Please use the above directions to exit the area.

INGRESS:

- From Interstate 605: Take 7th Street exit to Studebaker Rd. Turn left on Studebaker Rd., to 2nd St.

- From Los Angeles: Take I-405 South exit Studebaker Rd. Turn Right on Studebaker Rd., to 2nd St.
 - From Orange County: Take I-405 North exit 7th St. Take 7th St., to Studebaker Rd. Take Studebaker Rd., to 2nd St.

B OCEAN BOULEVARD (BETWEEN ALAMITOS AND TERMINO AVENUES) (OCEAN SIDE):

EGRESS: Take Ocean Blvd east (one lane will be open for vehicular traffic) to Granada Ave. There will be a police officer at this location to direct you left on Granada Ave. Take Granada Ave., to 2nd St., east and proceed to Pacific Coast Highway (PCH). The freeway can be accessed using 2nd St., to Studebaker Rd.
INGRESS: For those wishing to return to the area, it is highly recommended that you utilize I-710 and exit at Anaheim St., OR Broadway and use surface streets to get as close to your desired location as possible.

C BELMONT HEIGHTS, BLUFF PARK, BLUFF HEIGHTS, AND ALAMITOS BEACH:

EGRESS: Ocean Blvd and Livingston St., will be closed in both directions from 5:00 AM to 2:00 PM. To leave the area via I-405, motorists are advised to take Cherry Ave., Redondo Ave., Ximeno Ave., and Lakewood Blvd. To leave the area via I-710, motorists are advised to take Broadway and Anaheim St.

INGRESS: To enter the area, use I-405 and exit Lakewood Blvd. From there, utilize surface streets to return to the area. You may use the Traffic Circle; however, access on PCH will be closed at Clark Ave. OR use I-710 and exit to Broadway OR Anaheim St. and proceed to your desired location.

D PARK ESTATES, LOS ALTOS:

EGRESS: Park Estates residents can take Bellflower Blvd., to 7th St. Los Altos residents can take Bellflower Blvd., Palo Verde Ave., or Studebaker Rd., to I-405.
INGRESS: Use the same freeway access to return to the area.

E ATHERTON (BETWEEN CLARK AND BELLFLOWER):

EGRESS: Both sides of Atherton St will be closed to traffic between Clark Ave., and Palo Verde Ave. The eastbound lane of Atherton St., will remain open to residents from Clark Ave., to Bellflower Blvd. Residents may leave the area by turning right on Atherton St., to Bellflower Blvd., and proceeding to 7th St.
INGRESS: To return to the area from I-405, exit at Bellflower Blvd. Residents will need to park in the neighborhoods north of Atherton St., until the streets reopen at approximately 1:15 pm.

SUNDAY OCTOBER 9, 2022 LONG BEACH MARATHON & HALF MARATHON

MARATHON
Start Time: 6:00am

HALF MARATHON
Start Time: 7:30am

- LEGEND**
- Combined Marathon & Half Marathon Course
 - Marathon Course
 - Mile Marker
 - Half Marathon Mile Marker
 - Medical Station
 - Water Station

